

Sexuality Questionnaire

Kevin Alderson, Ph.D. © 2012

Today's Date: _____

Age: _____

1. Educational Level Completed (circle or check whichever answer is closest):

a. Less than high school	b. High school graduate	c. One year full-time post-secondary	d. Two years full-time post-secondary
e. Three years full-time post-secondary	f. Baccalaureate Degree completed	g. Master's Degree completed	h. Doctoral Degree completed

2. Religion:

a. Protestant	b. Catholic	c. Christian - unspecified	d. Jewish
e. Mormon	f. Jehovah Witness	g. Muslim	h. Hindu
i. Buddhist	j. Native	k. Spiritual, no label	l. Atheist
m. Agnostic	n. Other (please specify):		

3. Biological Sex: Male_____ Female_____ Intersex_____

4. Gender Identity:

Male Ratings: 0=Zero 1=Unsure 2=Low 3= Moderate 4= High	No Unsure Low Moderate High 0 1 2 3 4
Female Ratings: 0=Zero 1=Unsure 2=Low 3= Moderate 4= High	No Unsure Low Moderate High 0 1 2 3 4
Transgender Ratings: 0=Zero 1=Unsure 2=Low 3= Moderate 4= High	No Unsure Low Moderate High 0 1 2 3 4

5. Gender Role (i.e. this refers to what extent you see yourself as behaving in traditionally masculine and/or feminine ways):

Male Ratings: 0=Zero 1=Unsure 2=Low 3= Moderate 4= High	No Unsure Low Moderate High 0 1 2 3 4
Female Ratings: 0=Zero 1=Unsure 2=Low 3= Moderate 4= High	No Unsure Low Moderate High 0 1 2 3 4

Please answer the following two questions **BEFORE** turning the page:

6.	The questions that follow pertain to various aspects of human sexuality, including attractions, behaviours, & affections. How comfortable do you think it will be for you to answer these questions? Ratings: 0=No Comfort 1=Unsure 2=Low Comfort 3= Moderate Comfort 4= High Comfort	No Unsure Low Moderate High 0 1 2 3 4 Comfort
7.	How confident in ability do you feel about answering the questions that follow? Ratings: 0=No confidence 1=Unsure 2=Low Confidence 3= Moderate Confidence 4= High Confidence	No Unsure Low Moderate High 0 1 2 3 4 Confidence

The following questions pertain to the magnitude of your interests in male-identified and female-identified individuals.

To what extent have you experience the following during the two time periods indicated?

SEXUAL ATTRACTION: this refers to feeling sexually aroused by someone you find attractive.

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Low	Mod	High	Zero	Unsur	Low	Mod	High
8.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
9.	*During ages 12 to 19. (*Note: If you are currently 19 years of age or younger, complete this question from ages 12 to a year ago. Follow this same procedure in all subsequent sections).	0	1	2	3	4	0	1	2	3	4

SEXUAL FANTASIES: this refers to your sexual fantasies experienced during either masturbation or during sex with a partner.

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Low	Mod	High	Zero	Unsur	Low	Mod	High
10.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
11.	*During ages 12 to 19.	0	1	2	3	4	0	1	2	3	4

SEXUAL PREFERENCE: this refers to your preference for having male and / or female **sexual** partners.

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Low	Mod	High	Zero	Unsur	Low	Mod	High
12.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
13.	*During ages 12 to 19.	0	1	2	3	4	0	1	2	3	4

PROPENSITY TO FALL IN LOVE ROMANTICALLY: this refers to your natural **inclination** to have crushes and fall in love romantically with males and/or females.

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Low	Mod	High	Zero	Unsur	Low	Mod	High
14.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
15.	*During ages 12 to 19.	0	1	2	3	4	0	1	2	3	4

BEING IN LOVE ROMANTICALLY: this refers to how often you have **actually** felt romantic love (liking the person, having chemistry or feelings of lust toward this person, and feeling some degree of commitment toward this individual).

Use the following ratings for the next two questions:

0=None 1=Unsure 2=Rarely 3= Occasionally 4= Frequently

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Rare	Occ	Freq	Zero	Unsur	Rare	Occ	Freq
16.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
17.	*During ages 12 to 19.	0	1	2	3	4	0	1	2	3	4

SEXUAL PARTNERS: this refers to how often you have had sexual partners who are male and/or female.

Note: “sexual partner” refers to anyone you have engaged in penetrative sexual acts with, including oral, vaginal, and anal sex.

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High									
		MALE-IDENTIFIED INDIVIDUALS					FEMALE-IDENTIFIED INDIVIDUALS				
#	ITEM	Zero	Unsur	Rare	Occ	Freq	Zero	Unsur	Rare	Occ	Freq
18.	During the past 12 months	0	1	2	3	4	0	1	2	3	4
19.	*During ages 12 to 19.	0	1	2	3	4	0	1	2	3	4

SELF-IDENTIFICATION – This refers to your own self-identification. To what extent do you, and did you, think of yourself using the following terms?

Use the following ratings for the next seven questions:

0= Zero or None 1=Unsure 2=Low 3= Moderate 4= High

		MAGNITUDE (Use the following ratings): 0=Zero or none 1=Unsure 2=Low 3= Moderate 4= High										
		DURING THE PAST 12 MONTHS					*DURING AGES 12 TO 19					DECLINE TO RESPOND
		Zero	Unsur	Low	Mod	High	Zero	Unsur	Low	Mod	High	
Please answer each question.												
20.	Heterosexual	0	1	2	3	4	0	1	2	3	4	
21.	Bisexual	0	1	2	3	4	0	1	2	3	4	
22.	Gay or Lesbian	0	1	2	3	4	0	1	2	3	4	
23.	Queer	0	1	2	3	4	0	1	2	3	4	
24.	I do <u>not</u> (or did <u>not</u>) use a label	0	1	2	3	4	0	1	2	3	4	
25.	Other (please specify)	0	1	2	3	4	0	1	2	3	4	

Use the following ratings for the next question:

0=Unsure 1=Very Uncomfortable 2=Uncomfortable 3= Comfortable 4= Very Comfortable

26.	To what extent are you, & were you, comfortable with your self-identification label(s) [Questions 24-30 above]?	0	1	2	3	4	0	1	2	3	4	
Identity Labels		PRIMARY					SECONDARY					
27.	If you could only use one primary label and up to one secondary label to define your present sexuality to another person, which label(s) would you chose? Please fill in the blanks to the right →						(NOTE: Only fill in this blank if you actually use a secondary label to define your sexuality)					