

**The Society for Sex Therapy and Research announces the call for nominations for the 2025 SSTAR Consumer Book Award.**

***The goal of the award is to recognize the best recent book for consumers (intended for the lay public or general reader and NOT for therapists, mental health specialists or other health care providers) that contributes to the understanding of human sexuality and/or sexual problems.***

The award will be presented at the 2025 Annual Meeting.

### **Eligibility Criteria**

1. Content of the book must be related to human sexuality and/or sexual problems.
2. The book must be in English and must have been published between April 1, 2022 and February 29, 2024. The book may have multiple authors or be an edited work. Previously submitted books are eligible.

### **How to Nominate a Book**

1. Nominations for the Consumer Book Award may come from any individual, organization, or publisher.
2. The deadline for submitting nominations is **March 31, 2024**.
3. To nominate a book –
  - a. Email the Committee Chairperson, Dr. Stephanie Kuffel, at [swkuffel@qwestoffice.net](mailto:swkuffel@qwestoffice.net), and CC the SSTAR office at [info@sstarnet.org](mailto:info@sstarnet.org), providing all relevant details about the book being nominated. This is to include the name, author, publisher, and date of publication of the book.
  - b. Mail copies of the book to each of the following five committee members - *please note that Alice Girouard is a resident of Canada and should not be required to pay duty or taxes on any books sent to them and therefore will not accept books in which there are costs due them*. Email the Chairperson, Dr. Stephanie Kuffel, at [swkuffel@qwestoffice.net](mailto:swkuffel@qwestoffice.net) to obtain addresses of each committee member.
    - Stephanie Kuffel, PhD, PS (Chairperson)
    - Alice Girouard, PhD candidate
    - Anabel Perez-Gonzalez, LCSW
    - Ryan Rahm-Knigge, Ph.D.
    - Laurie Mintz, PhD

## THE AWARD

The Society for Sex Therapy and Research (SSTAR) has established the Consumer Book Award to be given to the author(s) or editor(s) of the best work published in English for consumers that contributes to the understanding of human sexuality and/or sexual problems.

Award winners (including multiple authors or each of the editors of an edited book where there is more than one editor) will each be given a plaque, and their names will be listed on the SSTAR Web site. There will be no monetary award.

## FREQUENCY

The SSTAR Consumer Book Award is to be given every two years.

## THE SELECTION COMMITTEE

The selection committee will consist of three to five SSTAR members. The chair of the committee will be chosen by the Executive Council. The members of the committee will be chosen by the Chair in consultation with the Executive Council.

If a member of the committee has published a book that will be considered by the committee, or he or she has any potential conflict of interest related to the book, its authors/editors, or the publisher, that person must absent themselves from deliberations concerning their book.

## ELIGIBILITY CRITERIA

1. Books may be written/edited by any person and nominated for a SSTAR Book Award without regard to the author's/editor's membership in SSTAR.
2. Content of the books must be related to human sexuality and/or sexual problems.
3. Books must have been published in the two calendar years before the year of the nomination deadline. Books published between **April 1, 2022 and February 29, 2024** are eligible to be considered for the 2025 award.
4. Books must be in English, but may have been translated from another language.
5. Collections of previously published works are not eligible.
6. Authors/editors are eligible regardless of having previously won any book award (including a SSTAR Book Award).
7. Books must be readily available from bookstores and public libraries. Privately published books with limited distribution will not be eligible.

8. The decision of the selection committee as to whether a book is eligible shall be binding.

### **CONDITIONS OF THE PRIZES**

Any eligible book which is entered for a SSTAR Book Award shall not qualify unless the publisher or author(s)/editor(s) agrees to provide copies of the book at no cost to each member of the selection committee.

The SSTAR Consumer Book Award will be given to the winning author(s)/editor(s) in person at the SSTAR Annual Meeting. The winning author(s) will give a 20-minute presentation about the book after the award is presented. SSTAR strongly encourages the publishers of the winning book to pay the author/editor expenses involved in attending the SSTAR meeting (including travel, lodging, food, and registration), although authors/editors may do so themselves in whole or in part.

The publisher of the winning book agrees to include in any advertising after the award has been announced that the book has been awarded the SSTAR Consumer Book Award.

Publicity directed towards the public and organizations of sexuality professionals announcing the winner of the SSTAR Book Award will be the joint responsibility of SSTAR, the author(s)/editor(s), and the publishers.

### **SUBMISSION PROCEDURES AND DEADLINES:**

1. Books received after the final deadline will not be eligible.
2. Receipt of submissions will be acknowledged in writing by SSTAR.
3. Submitted books will not be returned and will remain the property of the reviewers.

### **ANNOUNCEMENT OF THE AWARD**

1. The winner of the SSTAR Consumer Book Award will be announced on the SSTAR social media channels and website ([www.sstarnet.org](http://www.sstarnet.org)). At the committee's discretion, one or more of the other nominated books may also be selected for special mention.
2. The selection committee will reach its decision in private deliberations. Publishers, authors, and editors should be aware that they will receive no advance notice of the finalists or the winners before the award is officially announced.

**For further information concerning the Consumer Book Award, please contact the chairperson Dr. Stephanie Kuffel at [swkuffel@qwestoffice.net](mailto:swkuffel@qwestoffice.net).**

**2025 SSTAR Consumer Book Award Committee:**

Stephanie Kuffel, PhD (Chair)

Alice Girouard, PhD candidate

Anabel Perez-Gonzalez, LCSW

Ryan Rahm-Knigge, PhD

Laurie Mintz, PhD