SSTAR 2014
From Complexities and Contradictions
to Health and Happiness

Omni William Penn Hotel
Pittsburgh, PA
April 3-5, 2014

Continuing Medical Education credit is provided through joint sponsorship with The American College of Obstetricians and Gynecologists.
SSTAR EXECUTIVE COUNCIL 2013-2014

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2014 Local Program Chair
Shoshana Bulow, PhD

2014 AWARD RECIPIENTS

Masters and Johnson Award
William L. Marshall, PhD

Health Professional Book Award
The LGBT Casebook
American Psychiatric Publishing, A Division of American Psychiatric Association
Drs. Petros Levounis, Jack Drescher, and Mary Barber

2014 Sandra R. Leiblum Student Research Award
Linguistic Changes in Expressive Writing Predict Psychological Outcomes in Women with History of Childhood Sexual Abuse and Adult Sexual Dysfunction
Recipient: Carey Pulverman
Welcome to the 39th Annual SSTAR Meeting at the beautiful Omni William Penn Hotel along the three rivers of this magnetic city of Pittsburgh. SSTAR is excited about being here with friends and colleagues, new and old. Scientific Program Co-Chairs Anne Katz and Sallie Foley have worked hard to bring us a collection of invited talks, workshops, peer-reviewed papers and posters that reflect advances and developments in sex therapy and research. Local Program Chair Shoshana Bulow has organized a pizza party and line dancing lessons at the Alleghany Harvard Yale Princeton Club on Thursday, a tour of the Andy Warhol Museum and dinner at the Alleghany Club again on Friday to be followed by our traditional fellowship dinners on Saturday.

This year also brings the recognition of exceptional contributions from students (Carey Pulverman receiving the Sandra R. Leiblum Student Research Award), book authors (2014 Health Professional Book Award - The LGBT Casebook: Levounis, P.; Drescher, J.; Barber, M.E.; (editors), and a giant in the field of sex research (William L. Marshall receiving the Masters & Johnson Award). It bodes well for SSTAR and for sexology that we have so much to celebrate.

This meeting’s program truly reflects the bio-psycho-social nature of our discipline and the interdisciplinary spirit that characterizes SSTAR. Our meetings are made excellent not just by the presenters but by a sophisticated audience that never fails to keep the discussion at the highest level. Welcome back to the many colleagues and friends who make the annual SSTAR meeting a yearly highlight of their continuing professional development and networking.

We also hope you will join us at our Fall Clinical Meeting on Friday, September 19, 2014 at the Millennium Hotel (new location!) in New York City. And new this year – SSTAR will put on a full-day program in conjunction with the International Society for the Study of Women’s Sexual Health on November 13, 2014 in Scottsdale, Arizona. More information about both Fall programs will be available soon. And finally, Boston will be the location for our next Annual meeting so don’t forget to save the date – March 26-28, 2015.

I am thrilled to be here in Pittsburgh and hope to speak with as many of you as possible in the next couple of days!

Warm regards,

Eli Coleman, PhD
President, SSTAR
Academic Chair in Sexual Health
Program in Human Sexuality
University of Minnesota
The SSTAR 2014 Annual Meeting is fully accredited or approved toward continuing education credits for psychologists, sexologists, physicians, social workers, and marriage and family therapists. Participants of SSTAR meetings are responsible for knowing and adhering to their state-specific CE requirements. For questions or concerns about continuing education credits, please contact the SSTAR Continuing Education Officer, Anne Katz, RN, PhD at (204) 787-4495 or anne.katz@cancercare.mb.ca.

1. **ACME ACCREDITATION**
   This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The American College of Obstetricians and Gynecologists and the Society for Sex Therapy and Research (SSTAR). The American College of Obstetricians and Gynecologists is accredited by the ACCME to provide continuing medical education for physicians.

   **AMA PRA CATEGORY 1 CREDIT(S)**
   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 19 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

   **COLLEGE COGNATE CREDIT(S)**
   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 19 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows AMA PRA Category 1 Credits™ to be equivalent to College Cognate Credits.

   **DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS**
   In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

2. **AMERICAN ASSOCIATION OF SEXUALITY EDUCATORS, COUNSELORS AND THERAPISTS**
   This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for up to 19 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification.

3. **AMERICAN PSYCHOLOGICAL ASSOCIATION**
   SSTAR is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SSTAR maintains responsibility for this program and its content. This program qualifies for up to 19 CE credits.

4. **CALIFORNIA BOARD OF BEHAVIORAL SCIENCES**
   This course meets the qualifications for up to 19 continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.

   The breakdown of the number of credits is as follows:

<table>
<thead>
<tr>
<th>CME/CE Credits</th>
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<tr>
<td>Thursday Workshop(s)</td>
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<td>Friday Meeting</td>
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<td>Saturday Meeting</td>
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<td>TOTAL</td>
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THURSDAY, APRIL 3, 2014

7:30 am-5:00 pm  Meeting Registration

7:30-8:15 am  Continental Breakfast

FULL-DAY WORKSHOP (8:15 am – 5:00 pm):
Overview of Assessment and Treatment of Sexual Dysfunctions

8:15-8:45 am  Welcome and Overview to Day long Program

8:45-11:45 am  Evaluation and Treatment of Men’s Sexual Problems
Presenter: Stephen Snyder, MD

11:45 am-12:00 pm  Questions/Discussion

12:00–1:00 pm  Lunch (on your own)

1:00-3:30 pm  Evaluation and Treatment of Women’s Sexual Problems
Presenter: Sallie Foley, MSW

3:30-3:45 pm  Questions/Discussion

3:45-4:45 pm  Medical Illness and Sexuality
Presenter: Anne Katz, PhD, RN

5:00 pm  Close

HALF-DAY WORKSHOP #1:  (2:00-5:00 pm)

Counseling for Pleasure: Understanding and Recommending Sexual Enhancement Products
Presenter: Megan Andelloux, BS, CSE, CS

HALF-DAY WORKSHOP #2:  (2:00-5:00 pm)

Offline, Online, and Over the Line: The State of Problematic Sexual Behavior
Presenter: David Delmonico, PhD

HALF-DAY WORKSHOP #3 (10 AM – 1:00 PM)

The State of Affairs: Rethinking our Clinical Attitudes Toward Infidelity
Presenter: Esther Perel, MA, LMFT

THURSDAY EVENING ACTIVITIES

6:00-7:15 PM  New Research Trends: Poster Presentations

7:30-9:30 PM  Welcome Party at the Allegheny Harvard Yale Princeton Club
Pizza dinner, line dance lesson and dance party
FRIDAY, APRIL 4, 2014

7:30 am–5:00 pm  Meeting Registration

7:30-8:15 am  Continental Breakfast

8:15-8:30 am  Welcome
SSTAR President: Eli Coleman, PhD
Scientific Program Co-Chair: Sallie Foley, MSW
and Scientific Program Co-Chair: Anne Katz, PhD, RN
Local Program Chair: Shoshana Bulow, PhD

8:30-9:30 am  Invited Talk #1: Young Adult Sexuality
Presenter: Debby Herbenick, PhD, MPH

9:30-10:30 am  Invited Talk #2: Cultural Complexities in Sex Therapy
Presenter: Kathryn Hall, PhD

10:30-10:45 am  Break

10:45-11:30 am  Paper Session #1: Mother-Son Incest: The Unthinkable Broken Taboo Persists
Presenter: Hani Miletski, PhD, MSW

11:30 am-1:00 pm  Lunch (on your own)

1:00-2:00 pm  Invited Symposium #1: Learning From Our Failures
Presenters: Sallie Foley, MSW and Barry McCarthy, PhD

2:00-3:00 pm  Paper Session #2: A Primer on Understanding Aggression in Sex and Marital Therapy
Presenter: David Scharff, MD

3:00-3:15 pm  Coffee Break

3:15-4:15 pm  Invited Talk #3: First Comes Sex, Then Comes Love…Then a Baby?…Now Marriage??:
The Pleasures and Pressures of Lesbian & Gay Coupling Post-Marriage Equality
Presenter: Suzanne Iasenza, PhD

5:15–6:15 pm  Social Excursion: Andy Warhol Museum
Van transportation will be available for those who want it, first van will be leaving at 4:30 pm.
Museum is ¾ of a mile from the hotel.

FRIDAY EVENING ACTIVITIES

7:00-9:30 pm  Dinner Outing: Alleghany Harvard Yale Princeton Club
Includes a cocktail hour with hors d’oeuvres followed by a three-course dinner.
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<th>Time</th>
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<tr>
<td>7:30-5:00 pm</td>
<td>Meeting Registration</td>
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<tr>
<td>7:30-8:30 am</td>
<td>Meet the Experts: Breakfast Roundtables</td>
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<tr>
<td>8:30-8:45 am</td>
<td>Health Professional Book Award</td>
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| 8:45-9:45 am | Invited Talk #4: Patterns of Affection, Romance and Sexuality in Extremely Happy (and Unhappy) Relationships: A National and International Study  
**Presenter:** Pepper Schwartz, PhD |
| 9:45-10:00 am | Sandra R. Leiblum Student Paper Award: Linguistic Changes in Expressive Writing Predict Psychological Outcome in Women with History of Childhood Sexual Abuse and Adult Sexual Dysfunction  
**Recipient:** Carey Pulverman |
| 10:00-10:30 am | Coffee Break                                                        |
| 10:30 am-12:00 pm | Invited Talk #5: Cyber Porn & Marriage: Unlikely Bedfellows  
**Presenter:** Candace Risen, LISW |
| 12:00-12:30 pm | Masters and Johnson Award Presentation  
**Recipient:** William L. Marshall, PhD |
| 12:30-1:45 pm | Business Meeting & Lunch  
**Members Only**  
**Announcement of the Poster Award** |
| 2:00-3:00 pm | Invited Talk #6: The Pelvic Floor Muscle and Sexuality: At the Base of it All  
**Presenter:** Kelli Berzuk, PhD, PT |
| 3:00-3:30 pm | Break                                                               |
| 3:45-5:15 pm | Clinical Case Presentation: Sexual Compulsion in a Couple: Psychological and Pharmacological Interventions  
**Presenter:** Bonnie Saks, MD |
| 5:00 pm | Closing Remarks                                                     |

**SATURDAY EVENING ACTIVITIES**

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<tr>
<th>Time</th>
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<tr>
<td>7:00-9:00 pm</td>
<td>Fellowship Dinners and time to visit Pittsburgh</td>
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SAVE THE DATES!

**SSTAR 2014 Fall Clinical Meeting**
(New Spacious Location)

Friday, September 19, 2014  |  Millennium Broadway Hotel, Times Square, NY

**JOINT SSTAR/ISSWSH MEETING**

November 13, 2014  |  Scottsdale, AZ

**40th ANNUAL SSTAR MEETING**

March 26-28, 2015  |  Hyatt Regency, Boston, MA