SSTAR 2017
Healing Relationships and Fostering Sexual Well-Being

The Omni Mont-Royal
Montreal, Quebec
April 20-23, 2017

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.
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2017- 2018 Local Program Chair
Serena Corsini-Munt, PhD

IN MEMORIUM: REMEMBERING SSTAR MEMBERS OR FRIENDS OF SSTAR

Jacqueline Hott, PhD, APRN, CS
SOCIAL MEDIA

The use of social media is ubiquitous in today’s world and used properly, is an effective communications tool.

STARR speakers, please be aware that SSTAR has a Twitter account, @TheRealSSTAR, that some audience members may utilize to live-tweet content of various conference presentations. Live tweeting is a way for those not in attendance to gain presentation insight in real time, and we encourage online interactions and engagement.

For those attendees tweeting, please remember to keep your content professional and appropriate to furthering the mission of SSTAR.

SANDRA R. LEIBLUM STUDENT FUND

Started as a tribute to Sandra R. Leiblum, PhD, a pioneering authority in sex therapy and SSTAR past president, the Leiblum Student Fund supports the next generation of researchers and leaders in sex therapy. Each year, the fund grants a small honorarium, travel and registration expenses to the winner of the Sandra R. Leiblum Student Research Award to present his or her winning research abstract at the SSTAR Annual Meeting. The 2017 Sandra R. Leiblum Student Research Award recipient is Stephanie Montgomery-Graham, LLM, MSc, PhD candidate.

The Leiblum Student Fund is supported by donations, which can be made by filling out the form in your welcome packet and returning it to the SSTAR office. In addition, donations can be made via the SSTAR website (www.sstarnet.org) or members may add a donation at the time of their dues renewal. A contribution to the fund is an excellent way to honor Sandra R. Leiblum’s legacy and the cause that was very dear to her – the education of students and support of their research.

All contributions to the Leiblum Student Fund are tax deductible in the United States as allowed by law and, in some circumstances, Canada. Donors will receive an acknowledgement letter from the SSTAR office and are recognized in the program of the SSTAR Annual Meeting.

THANK YOU TO THE FOLLOWING SSTAR MEMBERS WHO DONATED TO THE SANDRA R. LEIBLUM STUDENT FUND 2016

Constance Avery-Clark
Shirley Baron
Sophie Bergeron
Richard Carroll
Ruth Cohn
Eli Coleman
Marian Dunn
Blanche Freund
Gale Golden
Kathryn Hall
Suki Hanfling
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Bonnie Saks
David Scharff
Mark Schoen
Maureen Sheets
Richard Siegel
Stephen Snyder
Daniel N. Watter
Linda Weiner
Beverly Whipple
Beverly Zagofsky

2017 AWARD RECIPIENTS

2017 Consumer Health Book Award
Recipient: Emily Nagoski, PhD: Come As You Are: The Surprising New Science That Will Transform Your Sex Life

2017 Sandra R. Leiblum Student Research Award
Recipient: Stephanie Montgomery-Graham, LLM, MSc, PhD candidate: Conceptualization and Assessment of Hypersexual Disorder: A Systematic Review of the Literature
Welcome to the 42nd Annual SSTAR Meeting, *Healing Relationships and Fostering Sexual Well-Being*, at the beautiful Omni Mont-Royal Hotel. SSTAR is excited about being here with friends and colleagues, new and old. Scientific Program Co-Chairs Sophie Bergeron, PhD, and Natalie O. Rosen, PhD, have worked hard to bring us a collection of workshops, invited talks, peer-reviewed papers and posters that reflect advances and developments in sex therapy and research. Local Program Chair Serena Corsini-Munt, PhD, has organized a walking tour of the McGill campus (weather permitting), followed by a lovely dinner outing with live jazz music at the Thomson House for Friday night, and fellowship dinners for Saturday night.

This year, once again, brings recognition of exceptional contributions from students (Stephanie Montgomery-Graham, LLM, MSc, PhD candidate, receiving the Sandra R. Leiblum Student Research Award) and book author (Emily Nagoski, PhD, receiving the 2017 Consumer Book Award). In addition, we are excited to host the inaugural Young Investigator Award, sponsored by Taylor & Francis, the publishers of *The Journal of Sex and Marital Therapy*. The first ever recipient of this award will be Hillary McBride. We are so pleased that you are here with us, as we clearly have much to celebrate.

As is SSTAR’s tradition, this meeting’s program truly reflects the bio-psycho-social nature of our discipline and the interdisciplinary spirit that characterizes SSTAR. Our meetings are made excellent not just by the presenters but by a sophisticated audience that never fails to keep the discussion at the highest level. Welcome back to the many colleagues and friends who make the annual SSTAR meeting a yearly highlight of their continuing professional development and networking. And, I am very excited that we have so many new members and new attendees to our conference. We also have a large number of students at this meeting. I hope everyone will appreciate the scientific and social program and getting to know everyone. We want everyone to feel included in SSTAR’s embrace.

We also hope you will join us at our Fall Clinical Case Conference on Friday, September 15, 2017 at the Millennium Hotel in New York City. More information about the Fall program will be available soon. And finally, The Westin Philadelphia in historic Philadelphia will be the location for our next Annual Meeting, so don’t forget to save the date – April 19-22, 2018.

I am thrilled to be here in Montreal and hope to speak with as many of you as possible in the next couple of days!

Warm regards,
Daniel N. Watter, EdD
President, Society for Sex Therapy and Research
The SSTAR 2017 Annual Meeting is fully accredited and approved toward continuing education credits for psychologists, sexologists, physicians, social workers, and marriage and family therapists. Participants of SSTAR meetings are responsible for knowing and adhering to their state-specific CE requirements. For questions or concerns about continuing education credits, please contact the SSTAR Continuing Education Officer, Elizabeth Grill, PsyD, at (646) 962-3314 or eag2001@med.cornell.edu.

Continuing Medical Education credit is provided through joint providership with the American College of Obstetricians and Gynecologists.

1. **ACCME ACCREDITATION**

   This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American College of Obstetricians and Gynecologists and the **Society for Sex Therapy and Research**. The American College of Obstetricians and Gynecologists is accredited by the ACCME to provide continuing medical education for physicians.

   **AMA PRA CATEGORY 1 CREDIT(S)™**

   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 23 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

   **COLLEGE COGNATE CREDIT(S)**

   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 23 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits™** to be equivalent to College Cognate Credits.

   **DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS**

   In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to better evaluate the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

2. **AMERICAN ASSOCIATION OF SEXUALITY EDUCATORS, COUNSELORS AND THERAPISTS**

   SSTAR is an approved Individual Provider of Continuing Education credits. This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for up to 23 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification. SSTAR (#05-101A).

3. **AMERICAN PSYCHOLOGICAL ASSOCIATION**

   SSTAR is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SSTAR maintains responsibility for this program and its content. This program qualifies for up to 23 CE credits.

4. **NEW YORK STATE EDUCATION DEPARTMENT (NYSED)**

   Society for Sex Therapy and Research, (SSTAR) SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers, LMSW, LCSW in New York State, #0100. This program qualifies for up to 23 contact hours.

   The breakdown of the number of credits is as follows:

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<tr>
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<th>CME/CE Credits</th>
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<tr>
<td>Thursday Workshop(s)</td>
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<td>Friday Meeting</td>
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<td>Sunday Workshop</td>
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### THURSDAY, APRIL 20, 2017

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am - 5:00 pm</td>
<td>Meeting Registration</td>
<td>Saisons A &amp; B Foyer, 1st Floor</td>
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<tr>
<td>8:00 - 8:30 am</td>
<td>Continental Breakfast</td>
<td>Saisons A &amp; B Foyer, 1st Floor</td>
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<tr>
<td>8:30 am - 5:00 pm</td>
<td><strong>SEX THERAPY SKILLS FOR THE PRACTICING CLINICIAN</strong></td>
<td>Saisons A, 1st Floor</td>
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<td>8:30 - 9:15 am</td>
<td>An Overview of the Sexual Dysfunctions – ICD 10 and DSM 5</td>
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<td>Presenter: Kathryn Hall, PhD</td>
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<td>9:15 - 10:00 am</td>
<td>Listening to Sexual Stories: Understanding Patients’ Sexual Narratives</td>
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<td>Presenter: Daniel N. Watter, EdD</td>
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<tr>
<td>10:00 - 10:15 am</td>
<td><strong>Break</strong></td>
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<tr>
<td>10:15 - 11:00 am</td>
<td><strong>Trauma and Sexual Problems</strong></td>
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<td>Presenter: Aline Zoldbrod, PhD</td>
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<tr>
<td>11:00 am - 12:00 pm</td>
<td>Applying Third Generation CBT (like ACT and Mindfulness) to Treat Male Erectile Dysfunction</td>
<td>Saisons A, 1st Floor</td>
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<td>Presenter: Dennis Kalogeropoulos, PhD</td>
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<tr>
<td>12:00 - 1:30 pm</td>
<td>Lunch (on your own)</td>
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<td>1:30 - 2:15 pm</td>
<td><strong>Pain – from Dilation to Communication</strong></td>
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<td>Presenters: Sophie Bergeron, PhD and Natalie O. Rosen, PhD</td>
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<td>2:15 - 3:00 pm</td>
<td><strong>Sexual Desire Issues in Women</strong></td>
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<td>Presenter: Marta Meana, PhD</td>
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<td>3:00 - 3:15 pm</td>
<td><strong>Break</strong></td>
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<td>3:15 - 4:00 pm</td>
<td><strong>Dialectical Behavioral Group Therapy for Out-of-Control Internet Porn Users</strong></td>
<td>Saisons A, 1st Floor</td>
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<td>Presenters: Dennis Kalogeropoulos, PhD and Michael Berry, PhD</td>
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<td>4:00 - 5:00 pm</td>
<td><strong>Sex After 60</strong></td>
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<td>Presenter: Barry McCarthy, PhD</td>
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<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tr>
<td>9:00 am - 5:00 pm</td>
<td><strong>PRECONFERENCE WORKSHOPS ADVANCED PRACTICE IN SPECIAL SUBJECTS</strong></td>
<td>Saisons B, 1st Floor</td>
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<td>9:00 am - 12:00 pm</td>
<td><strong>Morning Workshop #1</strong></td>
<td>Saisons B, 1st Floor</td>
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<td>Consent 301: Consent and its Discontents: Safety in the Kink Communities</td>
<td>Saisons B, 1st Floor</td>
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<td>Presenters: Russell Stambaugh, PhD and Susan Wright, MA</td>
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<td>2:00 - 5:00 pm</td>
<td><strong>Afternoon Workshop #2</strong></td>
<td>Saisons B, 1st Floor</td>
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<td>Trauma-Informed Couple Therapy</td>
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<td>Presenter: Heather MacIntosh, PhD</td>
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THURSDAY EVENING ACTIVITIES

Conference attendees are invited to view posters, meet the presenters, and vote on a new category. Poster awards are a part of every SSTAR conference. Several awards will be selected by judges and announced at the SSTAR Awards Luncheon on Saturday. Please pick up your ballot and vote for the 2017 “Voters Choice” award while viewing the posters.

5:30 - 6:00 pm  New Member Welcome Reception  
Pierre de Coubertin, 1st Floor

6:00 - 7:30 pm  New Research Trends: Poster Presentations  
Pierre de Coubertin, 1st Floor

6:30 - 7:30 pm  Welcome Reception  
Pierre de Coubertin, 1st Floor

FRIDAY, APRIL 21, 2017

7:00 am - 4:30 pm  Meeting Registration  
Saisons A & B Foyer, 1st Floor

7:30 - 8:00 am  Continental Breakfast  
Saisons A & B Foyer, 1st Floor

8:00 - 8:15 am  Welcome  
Saisons A & B, 1st Floor

SSTAR President: Daniel N. Watter, EdD
Scientific Program Co-Chairs: Sophie Bergeron, PhD and Natalie O. Rosen, PhD
Local Program Chair: Serena Corsini-Munt, PhD
Continuing Education Officer: Elizabeth Grill, PsyD

THE OMNI MONT-ROYAL FLOOR PLAN
8:15 - 9:15 am  
**Plenary 1: Expanding Sex Therapy Service Recipients**  
Presenter: Barry McCarthy, PhD  
Saisons A & B,  
1st Floor

9:15 - 10:15 am  
**Research 1: Challenges to Sexual Well-Being**  
Moderator: Sharon G. Nathan, PhD, MPH  
Saisons A & B,  
1st Floor

Meredith L. Chivers, PhD

Impact of Persistent Genital Arousal Symptoms on Women’s Psychosocial, Sexual and Relationship Functioning.  
Robin Jackowich, PhD candidate

Daily Marital Conflict is Associated with Sexual Difficulties for Women, Not Men: A Daily Diary Study.  
Jean-Francois Jodouin, PhD

Too Big for Sex? The Obesity and Sexuality Challenge.  
Anne Katz, PhD, RN, FAAN

10:15 - 10:30 am  
Break

10:30 - 11:30 am  
**Plenary 2: What is a Typical Sexual Interest? Two Large Samples of Adults Suggest an Answer**  
Presenter: Christian Joyal, PhD  
Saisons A & B,  
1st Floor

11:30 am - 12:00 pm  
**Sandra R. Leiblum Student Research Award Presentation**  
2017 Recipient: Stephanie Montgomery-Graham, LLM, MSc, PhD candidate  
Saisons A & B,  
1st Floor

12:00 - 1:20 pm  
Lunch (on your own)

12:15 - 1:30 pm  
**Lunch and Learn with the Experts**  
Becoming a Sex Researcher/Therapist: The Process, Pitfalls and Payoffs  
Presenters: Daniel N. Watter, EdD and Natalie O. Rosen, PhD  
Printemps,  
1st Foyer

*For student attendees preregistered only*

1:30 - 2:30 pm  
**Plenary 3: Sexuality and the Older Brain**  
Presenter: Stacy Lindau, MD  
Saisons A & B,  
1st Floor

2:30 - 3:15 pm  
**Research 2: Genito-Pelvic Pain: From Etiology to Assessment and Treatment**  
Moderator: Natalie O. Rosen, PhD  
Saisons A & B,  
1st Floor

The Cost and Benefits of Sexual Communal Motivation for Couples Coping with Genito Pelvic Pain.  
Amy Muise, PhD

Improving the Care of Clients in Pain: Construction, Validity, Reliability and Clinical Utility of the Vulvar Pain Assessment Questionnaire (VPAQ) Inventory.  
Emma Dargie, PhD candidate

Tuning in to Pain Versus Challenging Pain-Related Thoughts: Results of Treatment Outcome Study for Provoked Vestibulodynia.  
Lori A. Brotto, PhD

3:15 - 3:30 pm  
Break

3:30 - 5:00 pm  
**Plenary 4: Showing the Film: I, Pedophile, Followed by Discussion**  
Film Director: Matthew Campea; Moderator: James Cantor, PhD  
Saisons A & B,  
1st Floor
FRIDAY EVENING ACTIVITIES

5:30 - 6:00 pm  Walking Tour through McGill Campus to Thomson House
Departing from Omni Mont-Royal Hotel Lobby

5:50 - 6:00 pm  Walk directly to Thomson House on McGill Campus (Skip walking tour)
Departing from Omni Mont-Royal Hotel Lobby

6:00 - 9:30 pm  Social Excursion: Cocktail, Dinner Reception and Live Music at Thomson House (on McGill Campus)
Casual attire, dinner and one drink ticket included. Followed by cash bar.
Thomson House, McGill University, 3650 McTavish, Montreal, QC

SATURDAY, APRIL 22, 2017

7:30 am - 12:00 pm  Meeting Registration  Saisons A & B, 1st Floor

8:00 - 8:45 am  SSTAR Member Breakfast and Business Meeting, Members Only  Pierre de Coubertin, 1st Floor

8:00 - 8:45 am  Continental Breakfast  Pierre de Coubertin Foyer, 1st Floor

8:45 - 9:45 am  Plenary 5: Sexual Health Research with LGBTQ Adolescents: Ethics, Engagement and Impact  Saisons A & B, 1st Floor
Presenter: Brian Mustanski, PhD

9:45 - 10:45 am  Research 3: Sexual Preferences and Behavior: From Childhood to Adulthood  Saisons A & B, 1st Floor
Moderator: James Cantor, PhD
Suicidality in Children and Adolescents with Gender Dysphoria.
Kenneth J. Zucker, PhD
Marie-Pier Vaillancourt-Morel, PhD
Is it Fair to Compare? An Examination of The Roles of Gender and Sexual Attraction on Volunteer Bias in Sexuality Studies.
Samantha J. Dawson, MSc
Length Matters: The Role of Masturbation in Newlywed Marriage.
Rebecca Cobb, PhD

10:45 - 11:00 am  Break

11:00 - 11:30 am  Young Investigator Award Presentation  Saisons A & B, 1st Floor
Recipient: Hillary McBride

11:30 am - 12:50 pm  Lunch and Awards Presentation (Open to All Attendees)  Pierre de Coubertin, 1st Floor
Poster Awards
Consumer Health Book Award 2017 Recipient: Emily Nagoski, PhD: Come As You Are: The Surprising New Science That Will Transform Your Sex Life

1:00 - 2:30 pm  ICD-11 Panel Discussion  Saisons A & B, 1st Floor
Moderator: Kenneth J. Zucker, PhD
Presentors: Sharon J. Parish, MD and Stephen B. Levine, MD
2:30 - 3:30 pm  **Research 4: New Development in Sex Therapy**
**Moderator: Kathryn Hall, PhD**
Cumulative Childhood Interpersonal Trauma and Sexual Dissatisfaction in Sex Therapy Patients: What Role for Symptom Complexity?
Noémie Bigras, PhD candidate
Mindfulness-Based Cognitive Therapy for Men with Situational Erectile Dysfunction: A Feasibility Study.
Jennifer Bossio, PhD
The Role of Mindfulness in the Relationship Between Psychological Distress and Sexual Dysfunction in Adults Consulting for Sex Therapy.
Keira Gaudet, BA and Natacha Godbout, PhD
Brief Session of Autogenic Training Improves Acute Subjective Sexual Arousal in Women with Sexual Arousal Problems.
Amelia Stanton, PhD candidate

3:30 - 3:45 pm  **Break**

3:30 - 5:00 pm  **Clinical Case Presentation: Getting Reacquainted Through Touch**
**Case Presentation: Sheila MacNeil, PhD**

5:00 pm  **Farewell and Passing of the Torch to Natalie O. Rosen, PhD, Scientific Chair 2018!**

**SATURDAY EVENING ACTIVITIES**

7:00 - 9:00 pm  Dinner and time to visit Montreal on your own

**SUNDAY, APRIL 23, 2017**

7:30 - 9:00 pm  **Meeting Registration**

8:30 - 9:00 am  **Continental Breakfast**

9:00 am - 12:00 pm  **Ethics Course**
**Determining Sexual Well-Being: Who Decides? Ethical Dilemmas/Clinical Quagmires**
Presenters: Peggy Kleinplatz, PhD and Daniel N. Watter, EdD
POSTER PRESENTATIONS

1. Sexual Fluidity in United States of Tara: Links to Gender Fluidity. Presenter: Mahault Albarracin, Bc, MA (C)
2. Integrating the Dark and the Light: Jungian Depth Psychology and Sex Therapy With Couples. Presenters: Constance Avery-Clark, PhD; Linda Weiner, MSW; LCSW
3. Sexual Dysfunctions and Relationship Satisfaction Through the Transition to Parenthood: A Dyadic Study. Presenters: Katherine Bécotte, BA; Catherine De Pierrepont, PhD; Isabelle Lessard, BA candidate; Audrey Brassard, PhD
4. How Protective is Emotion Regulation? Sexual Victimization and Drinking to Cope With Sex-Related Distress. Presenters: Elizabeth R. Bird, MS; Elizabeth C. Neilson, MSW, MPH; Natasha Gulati, BA; Kelly Cue Davis, PhD; William H. George, PhD; Cynthia, A. Stappenbeck, PhD
5. Risk-Taking Profiles of Sexuality and Substance Use in Emerging Adulthood. Presenters: Marie-Aude Boislard, PhD; Marie-Pier Petit, PhD candidate; Isabelle Boisvert, PhD
6. Neglect and Identity in Association With Sexual Difficulties in Adulthood. Presenters: Myriam Bosisio; Noémie Bigras, PhD candidate; Natacha Godbout, PhD
7. Does Sex Drive Impact the Frequency of Paraphilic Behaviors in a Nonclinical Sample of Men and Women? Presenters: Katrina N. Bouchard, MSc; Samantha J. Dawson, MSc; Martin L. Lalumière, PhD
8. Go With the Flow; A Validation Study of Laser Doppler Imaging for Continuous Measurement of Genital Blood Flow in Women. Presenters: Katrina N. Bourchard, MSc; Caroline F. Pukall, PhD
9. The Psychosocial Consequences of Genital Herpes and Interventions Aimed at Resolving These Issues. Presenters: Cloe Canivet, BA; Seth Kalichman, PhD; Natacha Godbout, PhD
10. Money and Sexual Discounting Rates Predict Sexual Coercion Perpetration. Presenters: Fannie Carrier Emond, PhD candidate; Joanne-Lucine Rouleau, PhD; Kevin Nolet, PhD candidate; Gaëlle Cyr, BA; Jean Gagnon, PhD
12. Galvanic Skin Response as an Index of Physiological Pain During Psychophysical Testing in Women With and Without Provoked Vestibulodynia. Presenters: Samantha J. Dawson, MSc; Emma Dargie, PhD candidate; Kate S. Sutton, PhD; Corrie Goldfinger, PhD; Susan Chamberlain, MD; Roy Young; Caroline F. Pukall, PhD
13. Romantic Attachment and Partner Responses to Genito-Pelvic Pain: A Dyadic Prospective Study. Presenters: Véronique Charbonneau-Lefebvre, PhD candidate; Marie-Pier Vaillancourt-Morel, PhD; Sophie Bergeron, PhD
14. The Role of Partner Negative Reactions in the Sexual and Relationship Satisfaction of Survivors of Child Sexual Abuse. Presenters: Laurence De Montigny Gauthier, PsyD candidate; Frédérique Desjardins; Véronique Charbonneau-Lefebvre, PhD candidate; Marie-Pier Vaillancourt-Morel, PhD; Sophie Bergeron, PhD
15. Perinatal Sexual Dysfunctions in Men and Women. Presenter: Catherine De Pierrepont, PhD
16. Practice of Relaxation Techniques and Sexual Pain: The Moderating Roles of Dispositional Mindfulness and Child Sexual Abuse in a Clinical Sample. Presenters: Julie Déziel, BA; Anne-Julie Lafrenaye-Dugas, MA; Natacha Godbout, PhD; Michel Goulet, MA
17. Attachment Styles of Those Struggling With Sexually Compulsive Behaviors. Presenter: Natalia Dias, MA
18. Avoiding or Enduring Painful Sex? – A Longitudinal Study of Coping Patterns and Sexual Function in Women With Vulvovaginal Pain. Presenters: Linnéa Engman, MS; Ida K. Flink, PhD; Johanna Thomtén, PhD; Steven J. Linton, PhD
19. Exploring the Mechanism of Incentivization in Sexual Responding Among Exclusively and Predominantly Androphilic Women. Presenters: Katherine Fretz, BSc; Samantha J. Dawson, MSc; Meredith L. Chivers, PhD
20. Let's Not Talk About Sex Baby: Examining Reasons Why Individuals in Diverse Relationships Do Not Self-Disclose Their Sexual Preferences. Presenters: Stéphanie Gauvin, PhD candidate; Caroline F. Pukall, PhD
21. We're More Alike Than Different: An Examination of Similarities and Differences Across Men and Women in Same-Gender Versus Mixed-Gender Relationships. Presenters: Stéphanie Gauvin, PhD candidate; Caroline F. Pukall, PhD
22. The Picture of Orgasm: Further Validation of the Bodily and Physiological Sensations Associated With Climax. Presenters: Marina Gérard, MA; Dubray, S., PhD; Beaulieu-Prévost, D., PhD; Courtois, F., PhD
25. Child Sexual Abuse and Perpetrated Sexual Coercion in Adult Romantic Relationship: The Moderator Role of Sexual Anxiety. Presenters: Marianne Girard, BA; Caroline Dugal, BA; Noémie Bigras, PhD candidate; Martine Hébert, PhD; Natacha Godbout, PhD
26. Sexual and Relationship Contingent Self-Worth: Implications for the Well-being of Couples With Genito-Pelvic Pain. Presenters: Maria Glowacka, BA; Sophie Bergeron, PhD; Natalie O. Rosen, PhD


28. Let Go, Let Love: Sexual Mindfulness is Associated to Sexual Satisfication, Desire, and Relationship Well-Being. Presenters: Emilie Eve Gravel, PhD candidate; Amy Webb, BScKin; Heather VanZuylen, BA; Roo T.M. Deinstadt, MA; Angela Priede, BA; Elke Reissing, PhD

29. Doing Kegels for the Right Reasons: The Role of Autonomous and Controlled Motivation in Self-Efficacy for Kegels and Sexual Function. Presenters: Emilie Eve Gravel, PhD candidate; Heather VanZuylen, BA; Elke Reissing, PhD; Roo T.M. Deinstadt, MA

30. Pelvic Floor Surface Electromyography (Semg) as a Potential Measure of Women's Genital Sexual Response. Presenters: Madeline N. Hannan-Leith, BA; Marcy Dayan, MHA; Gillian Hattfield, PhD; Martin L. Lalumière, PhD; Arianne Y. Albert, PhD; Lori A. Broto, PhD

31. Exploring Comfort With Sexual Psychophysiology Methods: Implications for Generalizability. Presenters: Jackie S. Huberman, MSc; Samantha J. Dawson, MSc; Katrina N. Bouchard, MSc; Meghan K. McInnis, BSc; Caroline F. Pukall, PhD; Meredith L. Chivers, PhD

32. Profiles of Consultation and Habits in Adults Consulting in Sex Therapy. Presenters: Anne-Julie Lafrenaye-Dugas, MA; Martine Hébert, PhD; Michel Goulet, MA; Natacha Godbout, PhD

33. Perception Vs. Reality: An Examination of the Disparity Between Perceived Sexual Health Knowledge and Scores on the Sexual Health Knowledge Scale. Presenters: Samantha Landry, MSc; Robin R. Milhausen, PhD; Tuuli M. Kukkonen, PhD


35. Evaluating the Interplay of Cultural, Physical, and Psychological Factors in Couples Presenting for Sex Therapy. Presenter: Elizabeth Rae Larson, MS, DHS

36. Sexual and Relationship Therapy With Transgender People Building Informed Practices. Presenter: Denise Medico, PhD

37. Time to Talk: Motives for Disclosing Sexual Problems to Partners is Associated With Depression, Sexual Functioning, and Relationship Satisfaction in Women. Presenters: Kathleen E. Merwin, BSc Hons.; Lucia F. O'Sullivan, PhD; Natalie O. Rosen, PhD

38. We Need to Talk: Disclosure of Sexual Problems is Associated With Lower Depressive Symptoms, and Greater Sexual Functioning and Relationship Satisfaction in Women. Presenters: Kathleen E. Merwin, BSc Hons.; Lucia F. O'Sullivan, PhD; Natalie O. Rosen, PhD

39. The Efficacy of an Online Novelty Intervention on Sexual Desire and Satisfaction in Committed Relationships. Presenters: Heather Morton, MA; Boris Gorzalka, PhD

40. Sexual Self-Regulation in Men: Between Situational and Dispositional Factors. Presenters: Kevin Nolet, PhD candidate; Massi Benbouriche, PhD; Fannie Carrier Emond, PhD candidate; Joanne-Lucine Rouleau, PhD; Patrice Renaud, PhD

41. How Do You Feel? Daily Anxiety and Depression Predict Sexual Satisfaction, Sexual Distress and Pain Among Couples Coping With Genito-Pelvic Pain. Presenters: Myriam Pâquet, PhD candidate; Natalie O. Rosen, PhD; Marc Steben, MD; Marie Santerre-Baillargeon, PhD candidate; Sophie Bergeron, PhD

42. It Takes Two: Sexual Communication Patterns and the Sexual and Relational Adjustment of Couples Coping With Provoked Vestibulodynia. Presenters: Kate M. Rancourt, BSc Hons.; Natalie O. Rosen, PhD; Michelle Flynn, BA Hons.; Sophie Bergeron, PhD

43. Anxiety Mediates the Relation Between Childhood Sexual Abuse and Genito-Pelvic Pain in Adolescent Girls. Presenters: Marie Santerre-Baillargeon, PhD candidate; Pascale Vézina-Gagnon, PhD candidate; Isabelle Daigneault, PhD; Tina Landry, PhD; Sophie Bergeron, PhD

44. Sexual Fantasies and Dark Triad: Correlates and Impact on Couple Adjustment in Individuals in Romantic Relationship. Presenters: Claudia Savard, PhD; Kristel Mayrand, MA; Yvan Lussier, PhD; Dominick Gamache, PhD; Stéphane Sabourin, PhD

45. The Impact of Cancer on the Sexual Function of Adolescents and Young Adults: A Systematic Review. Presenters: Amelia Stanton, PhD candidate; Ariel Handy, BA; Cindy Meston, PhD

46. Considerations for Culturally Sensitive Research With Transgender Adults: A Qualitative Analysis. Presenters: Jennifer Staples, MS; Elizabeth R. Bird, MS; N. Tatiana Masters, PhD; William H. George, PhD

47. Homonegativity Predicts Rapid Visual Detection and Visual Avoidance of Non-Preferred Sexual Stimuli in Gynephilic Men. Presenters: Dan Tassone, BA; Samantha J. Dawson, MSc; Meredith L. Chivers, PhD

48. A Portrait of Sexual Perpetration and Victimization Amongst Heterosexual Adolescent Couples. Presenters: Valérie Théorêt, BA; Francine Lavoie, PhD; Martin Blais, PhD; Martine Hébert, PhD
SIGN-IN

ALL PARTICIPANTS:
• Please sign-in daily on the Master Attendance Sheet by the Registration Desk.
• Complete the online Program Evaluation within 2 weeks of Annual Meeting.

CONTINUING EDUCATION CREDITS

FOR PARTICIPANTS THAT HAVE MADE PAYMENT FOR CE/CME CREDITS:
You must complete this Personal Attendance Record:
• Check off the session(s) you actually attended for each day.
• Fill in the total hours you actually attended for each day.
• Fill in the COMBINED TOTAL hours of attendance for Annual Meeting on bottom.
• Certify the accuracy of the form by providing your signature on the bottom.
• Turn in your signed Personal Attendance Record at the Registration Desk.
• CE/CME certificates will be emailed to you within 4-6 weeks of Annual Meeting.
• For physicians: Please note if you are an ACOG Fellow.

PERSONAL ATTENDANCE RECORD

SSTAR 2017 ANNUAL MEETING • MONTREAL, QC • APRIL 20-23, 2017

NAME & DEGREE

LICENSE

Please check all that you have paid for to receive credit: ☐ AASECT ☐ ACOG ☐ APA ☐ NYSED

ATTENDANCE RECORD FOR THURSDAY, APRIL 20, 2017

☐ All-Day Instructional Course: Sex Therapy Skills for the Practicing Clinician (Kathryn Hall, PhD; Daniel N. Watter, EdD; Aline Zoldbrod, PhD; Dennis Kalogeropoulos, PhD; Sophie Bergeron, PhD; Natalie O. Rosen, PhD; Marta Meana, PhD; Michael Berry, PhD; Barry McCarthy, PhD) 7

☐ Workshop 1: Consent 301: Consent and its Discontents: Safety in the Kink Communities (Russell Stambaugh, PhD; Susan Wright, MA) 3

☐ Workshop 2: Trauma-Informed Couples Therapy (Heather MacIntosh, PhD) 3

Maximum Possible = CE/CME: 7 Credit/Hours

TOTAL Hours Attended _____
### ATTENDANCE RECORD FOR FRIDAY, APRIL 21, 2017

- Attended Friday, April 21, 2017. Healing Relationships and Fostering Sexual Well-Being speakers included:
  - Expanding Sex Therapy Service Recipients (Barry McCarthy, PhD)
  - Challenges to Sexual Well-Being (Meredith L. Chivers, PhD; Robin Jackowich, PhD candidate; Jean-François Jodouin, PhD; Anne Katz, PhD, RN, FAAN)
  - What is a Typical Sexual Interest? Two Large Samples of Adults Suggest an Answer (Christian Joyal, PhD)
  - Sandra R. Leiblum Student Research Award (Stephanie Montgomery-Graham, LLM, MSc, PhD candidate)
  - Sexuality and the Older Brain (Stacy Lindau, MD)
  - Genito-Pelvic Pain: From Etiology to Assessment and Treatment (Amy Muise, PhD; Emma Dargie, PhD candidate; Lori A. Brotto, PhD)
  - Showing the Film: I, Pedophile (Matthew Campea; James Cantor, PhD)

Possible = CE/CME: 7 Credit/Hours

**TOTAL Hours Attended ____**

### ATTENDANCE RECORD FOR SATURDAY, APRIL 22, 2017

- Attended Saturday, April 22, 2017. Healing Relationships and Fostering Sexual Well-Being speakers included:
  - Sexual Health Research with LGBTQ Adolescents: Ethics, Engagement and Impact (Brian Mustanski, PhD)
  - Sexual Preferences and Behavior: From Childhood to Adulthood (Kenneth J. Zucker, PhD; Marie-Pier Vaillancourt-Morel, PhD; Samantha J. Dawson, MSc; Rebecca Cobb, PhD)
  - Young Investigators Award (Hillary McBride)
  - ICD-11 Panel Discussion (Sharon J. Parish, MD; Stephen B. Levine, MD)
  - New Development in Sex Therapy (Noémie Bigras, PhD candidate; Jennifer Bossio, PhD; Keira Gaudet, BA; Natacha Godbout, PhD; Amelia Stanton, PhD candidate)
  - Clinical Case Presentation: Getting Reacquainted Through Touch (Sheila MacNeil, PhD)

Possible = CE/CME: 6 Credit/Hours

**TOTAL Hours Attended ____**

### ATTENDANCE RECORD FOR SUNDAY, APRIL 23, 2017

- Attended Saturday, April 22, 2017. Healing Relationships and Fostering Sexual Well-Being speakers included:
  - Ethics Course: Determining Sexual Well-Being: Who Decides? Ethical Dilemmas/Clinical Quagmires (Peggy Kleinplatz, PhD; Daniel N. Watter, EdD)

Possible = CE/CME: 3 Credit/Hours

**TOTAL Hours Attended ____**

### VERIFICATION OF TOTAL HOURS OF ATTENDANCE AT 2017 SSTAR ANNUAL MEETING

<table>
<thead>
<tr>
<th>Event</th>
<th>Possible CE/CME</th>
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<tbody>
<tr>
<td>Total Hours Attended for Thursday, April 20</td>
<td>Up to 7 Credits/Hours</td>
</tr>
<tr>
<td>Total Hours Attended for Friday, April 21</td>
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<tr>
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<tr>
<td>Total Hours Attended for Sunday, April 23</td>
<td>Up to 3 Credits/Hours</td>
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<tr>
<td><strong>COMBINED TOTAL HOURS:</strong></td>
<td>Up to 23 Credits/Hours</td>
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I CERTIFY THAT I ATTENDED THE PRESENTATIONS CHECKED OFF (YOUR SIGNATURE):

PRIOR TO LEAVING, PLEASE REMOVE THIS PAGE FROM THE SYLLABUS AND RETURN COMPLETED FORM TO THE REGISTRATION TABLE.
THE LEGACY OF JACQUELINE HOTT

Rachel Hott wrote: My mother had appointed me her professional executor and when she died I had to call her patients. One of her patients told me that she had written down several sayings that she had learned from my Mom, which she and my Mom called the toolbox. From that conversation I received a card from this patient with 15 sayings, and then I shared the sayings with her other patients and they added more and the sayings grew to 48!

DR. HOTT’S TOOL BOX:
1. Take care of yourself first.
2. Begin to say "no."
3. Encourage others to help themselves.
4. Ask more than tell.
5. Stay independent.
6. Don’t try to fix anyone except yourself.
7. Establish healthy boundaries.
8. In relationships, include: respect, affection and empathy.
9. Old friends are very important.
10. Stay positive, self-affirm.
11. Not everyone has to love you.
12. Be honest, share feelings but not in a mean way.
13. Be truthful.
14. You are a true survivor.
15. Can’t control anyone except ourselves.
16. Stay connected to your community.
17. Feel how lovable you are.
18. Movement is life.
19. You can’t help anyone until you make yourself well first.
20. Pedal softly.
21. Nobody likes to be criticized; you get more with honey.
22. In couple relationships, re-affirm that you are not “one” but a “we”.
23. It’s only a monster. The monster cannot hurt you.
24. As a caregiver to a resistant relative, say: "Let me help you so that you can help me."
25. Communicate and re-affirm your needs; insist politely (to Home Heath Care Aides) and say: “This is important to me; this is my parent.”
26. Don’t worry about things you can’t control.
27. Would you rather be happy or right?
28. If someone in your life is irritating, put them in a box on a high shelf in your closet and cover the box.
30. Breathe.
31. Let things go.
32. Don’t waste your energy being angry.
33. Do what’s right and the rewards will follow eventually.
34. When angry, think of what you like about that person.
35. Ask to give an unsolicited opinion.
36. Describe yourself...live that way.
37. Just knowing someone does not constitute friendship.
38. You often know the answers - do you want to?
39. Pin point a great moment in your life; re-live it in your mind or share it.
40. Come from a place of love and acceptance.
41. Future is coming, whether we fear it or not.
42. Tell people why you love them frequently.
43. Keep studying to keep growing.
44. Acknowledge the good in others.
45. Never give up, be persistent.
46. Think positively.
47. When a client complains that he “lost” his erection, tell him, "It’s not lost, it’s just misplaced."
48. Do you want to hold my hand?
SAVE THE DATES!

SSTAR 2017 Fall Clinical Case Conference
Friday, September 15, 2017  |  Millennium Broadway Hotel, Times Square, NY

SSTAR 2018 Annual Meeting
April 19-22, 2018  |  The Westin Philadelphia, Philadelphia, PA

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