Welcome to the 44th Annual meeting of SSTAR in Toronto, Ontario. In our 44th year as an organization, we continue to celebrate our commitment to excellence in the field of human sexuality—in research, clinical practice, education and training—as well as our commitment to the principle that people from all ages and all walks of life have a right to a healthy sexuality, a right to sex therapy treatment, and access to scientific discovery informing their sexual health and wellbeing.

The presentations at this meeting will focus on the various ways in which we create and maintain connections—whether it be connecting with ourselves, with others, with technology, and the multiple permutations of connections across the lifespan. These connections shape our lived experiences and, as researchers and clinicians, our continued exploration and understanding of these relationships is essential to the science of sexuality and the treatment of those who come to us for guidance. During our annual conference, we will have the opportunity to hear from many dynamic speakers across a variety of different areas in clinical sexuality. We will learn about novel evidence-based sex therapies for gay and bisexual men, be called upon to rethink sex addiction, understand how technology is influencing and changing sexual experiences for youth, and delve further into the intimate connections created by sexual encounters. In addition, we will continue to be challenged about how we conceptualize women's sexual desire and pleasure and gain a greater understanding of how our intimate connections with others impact our health.

The 2019 SSTAR Annual Meeting will be held at the Hyatt Regency in downtown Toronto, steps away from the lively theatre district, major shopping and sight-seeing areas. We would like to acknowledge that the land on which we are gathering is the traditional territory of the Wendat, the Anishnaabeg, Haudenosaunee, Métis, and the Mississaugas of the New Credit First Nation. We recognize the significance of the Dish with One Spoon Covenant to this land. The Dish with One Spoon Covenant is a peace agreement made between Indigenous nations before the Europeans arrived. It characterizes our collective responsibility to each other and Mother Earth—we should take only what we need, leave enough for others and keep the dish clean. Today, this gathering place is home to many First Nations, Métis and Inuit peoples and acknowledging them reminds us of our important connection to this land where we learn and work.

In addition to the scientific stimulation that our meeting provides, there will be ample opportunity to foster your own connections with colleagues and friends. The cocktail reception and poster session Thursday night, our tour of the Distillery District on Friday night, as well as the various breaks and lunches throughout the conference will provide you with time to catch up with old friends and make new acquaintances. In particular, we encourage you to reach out to our new members, students and first-time attendees to demonstrate the collegial and welcoming atmosphere that makes SSTAR such a great organization!

This year’s meeting will feature training and new scientific knowledge for all attendees, independent of their background:

- There will be a half-day introduction to sex therapy workshop offered on Thursday. This course is geared to clinicians and health care providers new to sex therapy and will be an excellent walk through on how to incorporate sex therapy skills into your general practice.
- For more experienced sex therapy clinicians, we will be holding advanced half-day workshops on Thursday that challenge your skills and offer more intensive training experiences by master clinicians within our field.
- On Sunday morning, our ethics workshop will address clinical conundrums related to social justice and consent in the “me too” era.
- Engaging conference sessions will involve poster presentation, data blitz and in-depth research and clinical addresses on exciting new research related to sex therapy. As always, these sessions are a balance of invited and peer-reviewed talks that reflect a wide variety of topics and cutting-edge research in human sexuality and the treatment of sexual and relational difficulties.
- In addition to a social event on Thursday night for students, graduate and postdoctoral fellows are invited to participate in a lunch and learn with two experienced sex therapy clinicians to discuss career and personal development, academia and clinical work in human sexuality.
- We welcome students and newcomers to this exciting 44th SSTAR meeting in Toronto!

We look forward to seeing you in Toronto, at the center of Canada’s largest city, to engage in lively discussions, collegial debates and knowledge translation in sex therapy and research. The annual SSTAR conference provides us all with the opportunity to connect with one another and actively contribute to the continued growth and success of our organization. This conference also gives newcomers the chance to see firsthand what makes SSTAR so unique—the warmth, respect and openness we share with one another in our collective goal of improving lives through excellence in sex research and clinical practice.

Tuuli Kukkonen, PhD  
2019 Scientific Program Chair

Morag Yule, PhD, CPsych  
2019 Scientific Program Co-Chair
WHO SHOULD ATTEND

This program is designed for a broad range of medical and mental health professionals with an interest in the care of people with sexual concerns, as well as for sex researchers/scholars and trainees in sexology, psychology and other medical and mental health disciplines.

The Society for Sex Therapy and Research is the premier international professional organization solely focused on sexual disorders.

EXECUTIVE COUNCIL 2018-2019

President ................................................................. Kathryn Hall, PhD
Past President ............................................................. Daniel Watter, EdD
President-Elect ............................................................. Sophie Bergeron, PhD
Secretary – Treasurer ............................................. Anne Katz, PhD, RN, FAAN
Continuing Education Officer .................................. Elizabeth Grill, PsyD
2019 Scientific Program Chair ................................. Tuuli Kukkonen, PhD
2019 Scientific Program Co-Chair .............................. Morag Yule, PhD, CPsych
Membership Officer .............................................. Amy Rosenberg, LCSW
Communications Chair ......................................... Serena Corsini-Munt, PhD
Student/Early Career Professional Representatives ...... Emma Dargie, PhD and Fannie Carrier Emond, PhD candidate

LOCAL CHAIR 2019

Local Program Chairs ........................................ James Cantor, PhD, CPsych and Morag Yule, PhD, CPsych

THURSDAY, MAY 2 2019

7:30am – 5:00pm  Meeting Registration
8:30 – 9:00am  Continental Breakfast

Preconference Workshops Advanced Practice in Special Subjects
Individuals may register for up to TWO workshops, one in the am and one in the pm

Morning WORKSHOP NEW (9:00am – 12:00pm) 3.0 CEs
Mindfulness for Women’s Sexual Concerns: Feasibility, Efficacy, and Practicing
Presenter: Lori Brotto, PhD

Morning WORKSHOP #1 (9:00am – 12:00pm) 3.0 CEs
Sex Therapy Issues in Mainstream Therapy Practice: You Got This!
Presenters: James Cantor, PhD, CPsych; Philip Jai Johnson, PhD, CPsych; Sabina Sarin, PhD, CPsych and Morag Yule, PhD, CPsych

Morning WORKSHOP #2 (9:00am – 12:00pm) 3.0 CEs
Developmental Trauma and Sexual Dysfunction
Presenter: David Scharff, MD

Afternoon WORKSHOP #3 (1:30 – 4:30pm) 3.0 CEs
When Pornography is an Issue: Working with Couples and Individuals
Presenter: Marty Klein, PhD

Afternoon WORKSHOP #4 (1:30 – 4:30pm) 3.0 CEs
Working Effectively with Maladaptive Emotional Cycles in Couples Therapy
Presenter: Uzma Rehman, PhD

5:30 – 6:00pm  New Member Reception
5:30 – 6:00pm  Mentor & Mentee Program Meet & Greet
New Research Trends: Poster Presentations
Conference attendees are invited to view posters, meet the presenters, and vote on "Voters Choice."
Poster awards are a part of every SSTAR conference. Several awards will be selected by judges and announced at the end of the meeting on Saturday. Please pick up your ballot and vote for the “Voters Choice” award while viewing the posters!

Welcome Reception

Student Social Event (Students & Early Career Professionals only)

Data blitzes are returning to SSTAR this year! A data blitz is a quick, concise and exciting way to present cutting-edge research findings. Presenters will have exactly 5 minutes with 5 slides to present their research, followed by one question from the audience. Get ready to learn!

FRIDAY, MAY 3 2019

Meeting Registration

Continental Breakfast

Welcome
SSTAR President: Kathryn Hall, PhD
Scientific Program Co-Chairs: Tuuli Kukkonen, PhD and Morag Yule, PhD, CPsych
Local Program Chairs: James Cantor, PhD, CPsych and Morag Yule, PhD, CPsych
Continuing Education Officer: Elizabeth Grill, PsyD

Plenary 1: Novel Sexual Therapies for Gay and Bisexual Men: Research and Lessons for Clinical Practice
Presenter: Trevor Hart, PhD, CPsych, Professor and Director, HIV Prevention Lab, Department of Psychology Ryerson University

Research 1
1. Bremelanotide for Hypoactive Sexual Desire Disorder in the Reconnect Studies: Analysis of Baseline Arousal Subgroups
   Sheryl Kingsberg, PhD
2. Desire Emerging from Arousal: Development and Validation of Self-Report Measure of Women’s Responsive Sexual Desire
   Meredith L. Chivers, PhD, CPsych
3. Stress Management and Resiliency Training for Sexuality: An Online Randomized Controlled Trial for Women in Sexual Dysfunction and their Partners
   Jordan Rullo, PhD

Break

Plenary 2: Sexual Pleasure, Intimacy and (Missed) Connection: 10 Years of the National Survey of Sexual Health and Behavior (NSSHB)
Presenter: Debby Herbenick, PhD, Professor at Indiana University School of Public Health
11:15 – 11:35am  **Sandra R. Leiblum Student Research Award Presentation**  
2019 Recipient: Laura Vowels PhD student, Department of Psychology at University of Southampton, UK  
Strategies for Mitigating Sexual Desire Discrepancy in Relationships

The Sandra R. Leiblum Student Fund started as a tribute to Sandra R. Leiblum, PhD, a pioneering authority in sex therapy and SSTAR past president. The Leiblum Student Fund supports the next generation of researchers and leaders in sex therapy. The Leiblum Student Fund is supported by donations, which can be made with your registration to this meeting, or the SSTAR website (www.sstarnet.org). All contributions to the Leiblum Student Fund are tax deductible in the United States and allowed by law and, in some circumstances, Canada. Donors will receive an acknowledgement letter from the SSTAR office and are recognized in the program of the SSTAR Annual Meeting.

11:35am – 12:00pm  **Data Blitz 1**

1. **Women’s Sexual Self-Schemas as Associative Networks: A Pilot Study**  
   Jackie S. Huberman, MSc

2. **Do Sexual Cues Attract or Distract? Attentional Biases to Sexual Cues in Men and Women**  
   Samantha Dawson, PhD

3. **Dealing with Feeling: Emotional Regulation Strategies and Sexual Well-Being**  
   Justin P. Dubé, BSc

   Marina Gérard, MA, PhD(c)

12:00 – 1:15pm  **Lunch (on your own)**

12:00 – 1:15pm  **Lunch and Learn with the Experts for Grad Students and Post Docs Only:**  
Limited opportunity: Please Register (First come, first serve)

1:20 – 2:20pm  **Plenary 3: Re-Thinking Sex Addiction: Creating a Vision of Sexual Health**  
Presenter: Douglas Braun-Harvey, MA, MFT, CGP, CST, Harvey Institute, San Diego, CA and Michael Vigorito, LMFT, CGP, CST, Private Practice, Washington, DC

2:20 – 3:20pm  **Research 2**

1. **A Dyadic Longitudinal Study of Child Maltreatment and Sexual Well-Being in Adult Couple Relationships: The Buffering Effect of a Satisfying Relationship.**  
   Marie-Pier Vaillancourt-Morel, PhD

2. **Timed Intercourse: Sexual Functioning and Satisfaction in Couples Undergoing Infertility Treatment.**  
   Sawsane El Amiri, MA

3. **Are Depressive Symptoms and Attachment Styles Associated with Observed and Perceived Partner Responsiveness in Couples Coping with Genito-Pelvic Pain?**  
   Myriam Bosisio, BSc

4. **When the “Oohs” are Painful, Not Pleasurable: Exploring Gay, Bisexual, and Gender Queer Men’s Experiences with Anodyspareunia.**  
   Natalie Stratton, MA

3:20 – 3:35pm  **Break**

3:35 – 4:35pm  **Research 3**

1. **Gender Dysphoria, Gender Variance and Social Experiments of Nurture.**  
   Kenneth J. Zucker, PhD, CPsych

2. **De-Transitioning: Improving Informed Consent.**  
   Stephen B. Levine, MD

3. **De-Transitioning from a Transgender Status in Adulthood.**  
   Lisa Littman, MD, MPH

4. **De-Transitioning in Somatic Intersexuality.**  
   Heino F. L. Meyer-Bahlburg, Dr. rer.nat.
Social Excursion

6:00 – 7:00pm  Walking and Tasting Tour through Distillery District
7:15 – 9:45pm  Cocktail and Dinner Reception at Mill Street Beer Hall

Bus to Distillery District departing from Hyatt Regency Toronto at 5:30 pm. Transportation will continue on back to the hotel at the end of the dinner. Casual attire. Dress for the weather, as the walking tour is outside. Dinner and one drink ticket included, followed by cash bar.

SATURDAY, MAY 4 2019

7:30am – 12:00pm  Meeting Registration
8:00 – 8:45am  SSTAR Member Breakfast and Business Meeting, Members Only
8:00 – 8:45am  Continental Breakfast, Non Members
8:45 – 8:50am  2019 SSTAR Consumer Book Award
    2019 Recipient: Laurie Mintz, PhD
    Becoming Cliterate: Why Orgasm Equality Matters - And How to Get It
8:50 – 9:50am  Plenary 4: Becoming Cliterate: Cultural and Clinical Strategies for Orgasm Equality
    Presenter: Laurie Mintz, PhD
9:50 – 10:10am  Young Investigator Award Presentation from the Journal of Sex and Marital Therapy
    2019 Recipient: Taylor Kohut, PhD
    The Role of Religiosity in Adolescents' Compulsive Pornography Use: A Longitudinal Assessment
10:10 – 10:25am  Break
10:25 – 11:10am  Research 4
    1. Sexual Consent and Boundary Setting Among Men Who Have Sex With Men.
       Shayna Skakoon-Sparling, PhD
    2. Is My Sex Life Ok? The Mediating Role of Sexual Anxiety in the Association Between Child Sexual Abuse and Sexual Coercion Against Women.
       Marianne Girard, BA
    3. Dyadic Associations Between Psychological Intimate Partner Violence and Sexual Satisfaction.
       Caroline Dugal, BA
11:10 – 11:55am  ISSWSH Invited Presentation
    Sexual Health: How Our Regulatory Standards Adversely Impact Women
    Presenter: James Simon, MD
11:55 am – 1:15 pm  LUNCH (Open to All Attendees)
    Poster Award Presentations
1:20 – 2:20pm  Plenary 5: The Digi of Things – Digiattachment and Digisexuality
    Presenter: Markie L.C. Twist, PhD, LMFT, LMHC, CSE, University of Wisconsin - Stout
2:20 – 2:45pm  Data Blitz 2

1. Sexual Distress Predicts Trajectories of Discrepant Desire in Committed Mixed-and Same-Sex Couples
   Jean-Francois Jodouin, PhD

2. Psychological Needs Regulation: Explanatory Model of Women’s Sexual Desire with Insecure Men in Longterm Relationships
   Daphnée Genesse, BSc

3. Sexual Satisfaction After Prostate Cancer: The Importance of Sexual Script Flexibility
   Meghan K. McInnis, BScH

4. Factors Influencing Medical Students’ Low Self-Perceived Confidence in Dealing with Sexual Health Issues
   Nikola Komlenac, PhD
2:45 – 3:20pm  
**Research 5**  
1. The Keys to Couple Sexuality with Aging: Female-Male Sexual Equity and Good Enough Sex  
   Barry McCarthy, PhD  
2. BESTCO: A Cross-Disciplinary Model of Sex Therapy Registration, Core Competencies and Ethics  
   Victoria Winterton, MD; Neil Lackey, Mth, RP, RMFT and Wendy Trainor, MSW, RSW  

3:20 – 3:35pm  
**Break**  

3:35 – 5:05pm  
**Lost in the Reeds: Clinical Cases that Confound**  
Case Presenters: Kathryn Hall, PhD and Daniel Watter, EdD  

5:05 – 5:20pm  
**MAP Award Presentations, Farewell and Passing of the Torch to Morag Yule, PhD, Scientific Chair 2020!**  

5:20pm on  
Explore Toronto on your own!  

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**SUNDAY, MAY 5 2019**

9:00am – 12:00pm  
**Ethics Course: Ethical Dilemmas and Clinical Conundrums for Sex Therapists and Researchers in the “Me Too” moment: Let’s Talk About Consent, Connection and Social Justice**  
Presenters: Peggy Kleinplatz, PhD and Daniel Watter, EdD

**Meeting adjourns**

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**CONFERENCE HOTEL**

The Hyatt Regency Toronto  
370 King Street West  
Toronto, ON M5V 1J9

The Hyatt Regency Tel: (416) 343-1234  

The 2019 SSTAR Annual Meeting will be held at the Hyatt Regency Toronto in Toronto, Ontario. Discover the excitement of Downtown Toronto’s Entertainment District and all that makes the city a vibrant destination. With easy access to the Metro Toronto Convention Centre, you can also explore the CN Tower, Rogers Centre, Royal Ontario Museum, and Princess of Wales Theatre. Enjoy the shopping and dining scene within walking distance of the hotel. See more at: [https://www.hyatt.com/en-US/hotel/canada/hyatt-regency-toronto/torrt](https://www.hyatt.com/en-US/hotel/canada/hyatt-regency-toronto/torrt)

RESERVATIONS: A block of rooms with a special group rate has been reserved for SSTAR meeting attendees at the Single/Double Room rate of $249 (CAD). Please inform reservations that you are a SSTAR meeting attendee to receive this special rate. The room block will be released on Monday, April 1 2019, so please make your reservation early. After that day, room reservations are subject to availability and prices may go up.

Check-in time is 4:00pm  
Check-out time is 12:00pm
LATE FEE & CANCELLATION POLICIES

Please understand that SSTAR’s cancellation policy is not meant to be punitive. SSTAR has made financial agreements with each of our venues that require us to guarantee a certain number of attendees at our meetings. Once a certain date has passed, SSTAR is obligated to pay the place of all who have registered. In addition, many SSTAR events sell out, and potential attendees have been turned away. Therefore, we have developed the following policy for cancellation requests. All requests for cancellation refunds must be submitted in writing prior to Monday, April 1, 2019. Please include the name of the registrant and the name of the conference. Read on for email, address or fax information. A $50 U.S. administrative fee will be charged. Cancellations made after April 1st will not be eligible for any refunds.

Emergency Illness or Death of Registrant or Immediate Family Member: Refunds may be granted if an attendee is unable to attend the Conference due to a family death, illness or other extraordinary circumstance. In such a circumstance, the SSTAR Main Office must be contacted in writing by email, fax or letter prior to the meeting. The Executive Council will review the reason; there is no guarantee it will be granted. No refunds will be granted for any reason after the Conference has begun.

Late Fee: The late fee of $50 per session, across all registrant types, goes into effect April 1, 2019. Please see the registration form for pricing.

Optional Social Excursion Tickets: Because SSTAR makes financial obligations based on the number of tickets sold for social excursions, we cannot refund tickets unless the event is cancelled. You may, on your own, sell or give your ticket to another individual. In the past, several registrants who have needed to cancel have generously donated their ticket to a student attendee in order to make it financially possible for the student to participate in the excursion.

Written requests may be submitted to the Society for Sex Therapy and Research (SSTAR):

Email: info@sstarnet.org
Mail: 8120 Lehigh Avenue, Suite 100
      Morton Grove, IL 60053
Fax: 847.647.8940

CONTINUING EDUCATION CREDITS OR ACCME ACCREDITATION

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS: The SSTAR 2019 Annual Meeting is being planned and implemented in accordance with the Essential Areas and Policies of the Accreditations Council for Continuing Medical Education (ACCME) through joint sponsorship with The American College of Obstetricians and Gynecologists (ACOG). ACOG has approved the program to receive CE credits for AASECT, APA and NYSED. The exact breakdown of CE credits is under consideration by these accrediting bodies and will be posted soon.

For questions regarding CE credits, please contact Elizabeth Grill, PsyD, at (646) 962-3314 or eag2001@med.cornell.edu.

Online Registration

Registration is available to all attendees online. Simply visit www.sstarnet.org.

SSTAR offers registration in these categories:

- **STUDENT MEMBER**
  - Full-Time

- **EARLY CAREER PROFESSIONAL (ECP)**
  - Post-graduate/Trainee
  - Full-time/No license
  - Status for up to 3 years

- **ASSOCIATE MEMBER**
  - Licensed Clinician
  - Researcher/Academic Appt.

- **FULL MEMBER**
  - 4+ years Licensed Experience
  - Researcher/Academic Appt.
  - Published
SSTAR 2019 ANNUAL MEETING - REGISTRATION FORM

Please complete information below and submit with the payment information by mailing to:
SSTAR National Office, 8120 Lehigh Avenue, Suite 100, Morton Grove, IL 60053, or FAX to: 847-647-8940.
Student NON-Members: Please provide a letter from the program director or thesis supervisor stating that you are registered in the program on a full-time basis.

NEW: Late fee of $50 per session, across all registrant types, goes into effect on April 1 2019.

| FULL NAME (AS YOU WOULD LIKE IT TO APPEAR ON CE CERTIFICATE) |
| NAME FOR BADGE (IF DIFFERENT THAN ABOVE) |
| DEGREE(S) | LICENSE NUMBER |
| ADDRESS | CITY | STATE | ZIP |
| PHONE | E-MAIL |

**All Pricing and Payment are in US Dollars.**

### Registration Fees

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<th>Thursdays Workshops - Choose up to TWO workshops</th>
<th>Associate/Full Member</th>
<th>Associate/Full Non-Member</th>
<th>Early Career Professional Member</th>
<th>ECP Non-member</th>
<th>Student Member</th>
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<td>Thursday Workshop NEW (9:00am - 12:00pm)</td>
<td>$150</td>
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<td>Thursday Workshop #4 (1:30pm - 4:30pm)</td>
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| Posters Reception/Welcome Party (Thursday) | Free with meeting registration; please RSVP for yourself and/or guest | $0 | $0 | $0 | $0 | $0 |
| Posters Reception/Welcome Party Guest (Thursday) | $40 | $40 | $40 | $40 | $40 | $40 |
| Thursday Pizza Party for Students/ECP only: | Free with meeting registration; please RSVP - space is limited | $0 | $0 | $0 | $0 | $0 |

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<th>Annual Meeting Registration - Check ONE</th>
<th>Associate/Full Member</th>
<th>Associate/Full Non-Member</th>
<th>Early Career Professional Member</th>
<th>ECP Non-member</th>
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<tr>
<td>Friday/Saturday/Full Meeting</td>
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<td>Friday Single Full Day</td>
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<td>Saturday Single Full Day</td>
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<td>Sunday Ethics Course</td>
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<tr>
<td>Friday Lunch &amp; Learn for Students only:</td>
<td>Free with meeting registration; please RSVP - space is limited</td>
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<td>Dinner Mill Street Beer Hall (Friday)</td>
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<td>Distillery Walking Tour (Friday) (Transportation included)</td>
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### Continuing Education Credits

| CME Fees ACOG | $50 | $50 | $50 | $50 | $50 | $50 |
| CE Fees ($30 per type, please select) | $30 | $30 | $30 | $30 | $30 | $30 |
| AASECT | APA | NASW | NYSED |

### Donation (Optional)

| Sandra R. Leiblum Fund | $10 | $25 | $50 |

**TOTAL**

*Members Registration includes Saturday Business Breakfast (Saturday Lunch is included for all registrants)

**Dietary Requirements:**

- [ ] KOSHER
- [ ] GLUTEN FREE
- [ ] VEGAN
- [ ] VEGETARIAN

**PAYMENT INFORMATION** (All Pricing and Payment are in US Dollars.)

TOTAL PAYMENT: $______________ (USD)

- [ ] Check (made payable to SSTAR in USD only)
- [ ] Credit Card (select type):
  - [ ] MASTERCARD
  - [ ] VISA
  - [ ] AMEX
  - [ ] DISCOVER

CREDIT CARD NUMBER: ________________
EXPIRATION DATE: ________________
SECURITY CODE: ________________

CARDHOLDER NAME: ____________________________
CARDHOLDER BILLING ADDRESS: ____________________________

SIGNATURE: ____________________________