SEXUAL WELL-BEING:
Crossroads of Culture, Psychology & Physiology

InterContinental Hotel
Chicago, IL
March 29 – 31, 2012

Continuing Medical Education credit is provided through joint sponsorship with The American College of Obstetricians and Gynecologists.
<table>
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<tr>
<th>Title</th>
<th>Subtitle</th>
<th>Author(s)</th>
<th>Publication Year</th>
<th>Pages</th>
<th>ISBN</th>
<th>Type</th>
<th>Cover Price</th>
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<tr>
<td>Cognitive-Behavioral Stress Management for Prostate Cancer Recovery</td>
<td>Workbook</td>
<td></td>
<td></td>
<td>160 pp.</td>
<td>9780195336986</td>
<td>Paperback</td>
<td>$27.95</td>
<td>$22.30</td>
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<tr>
<td>Enhancing Sexuality</td>
<td>A Problem-Solving Approach to Treating Dysfunction, Therapist Guide</td>
<td>John P. Wincze</td>
<td>2009</td>
<td>144 pp.</td>
<td>9780195315073</td>
<td>Paperback</td>
<td>$35.00</td>
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<td>The Monogamy Gap</td>
<td>Men, Love, and the Reality of Cheating</td>
<td>Eric Anderson</td>
<td>2012</td>
<td>256 pp.</td>
<td>978019977921</td>
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<td>$49.99</td>
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Welcome to the 37th Annual SSTAR Meeting in Chicago! It is great to be back in this marvelous city with a scientific program that broadens our horizons and a social program that brings us together in the warm spirit of collegiality that has always characterized our Society. Scientific Program Chair Kathryn Hall has worked hard to bring us a collection of invited talks, workshops, peer-reviewed papers and posters that reflect the bio-psycho-social state of the art of our discipline. Local Program Chairs Shirley Baron and Richard Carroll have organized a fascinating tour of the Art Institute of Chicago with an emphasis on sexuality-themed modern art, in addition to our traditional fellowship dinners. President-Elect Eli Coleman is hosting a Chicago Pizza Party that has also created quite the buzz!

This year also brings the recognition of exceptional contributions from students (Kelly Donahue receiving the Sandra R. Leiblum Student Research Award), book authors (William Marshall and colleagues receiving the SSTAR Health Professional Book Award), and sexology legends (Betty Dodson receiving the Masters & Johnson Award). A celebration of excellence in sexology!

When you leaf through this program you will find the best and the brightest sharing their research and clinical knowledge with the best and the brightest — our SSTAR attendees. The ensuing discussions and conversations are always at the highest level of sophistication. Welcome back to the many colleagues and friends who make the annual SSTAR meeting a yearly highlight of their continuing professional development and networking. To members for whom this is your first annual meeting, I hope this is the start of a yearly tradition for you also. To those of you who are not members, I think you will find through the experience of the next few days that membership in this Society brings exceptional benefits.

We also hope you will join us at our Fall Clinical Meeting on Friday, October 5th, 2012 at the Penn Club in New York City. Don’t forget to save the date for our next Annual Meeting which will be held in Baltimore, on April 4-7, 2013. In order to join SSTAR, obtain a membership application at the registration desk from our administrator, Ms. Linda Getty.

I look forward to interacting with as many of you as possible in the next couple of days!

Warm regards,

Marta Meana, Ph.D.
President, Society for Sex Therapy and Research
Professor of Psychology
University of Nevada, Las Vegas
2011-2012 SSTAR EXECUTIVE COUNCIL

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2012 Local Program Co-Chair
Richard Carroll, Ph.D.

SSTAR Staff
Linda Getty

2012 AWARD RECIPIENTS

Masters and Johnson Award
Betty Dodson, Ph.D.

Health Professional Book Award
Rehabilitating Sexual Offenders: A Strength-Based Approach
by William L. Marshall, Ph.D., Liam E. Marshall, Ph.D.,

2012 Sandra R. Leiblum Student Research Award
Risk factors for early-onset sexual intercourse:
Are observed associations causal?
By: Kelly L. Donahue, B.A.
ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS

NOTE: The SSTAR 2012 Annual Meeting is fully accredited or approved to award continuing education credits to psychologists, sexologists, physicians, social workers, and marriage and family therapists. For questions or concerns about continuing education credits, please contact, Brian D. Zamboni, Ph.D. at bzamboni@umphysicians.umn.edu.

1. ACCME ACCREDITATION
   This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American College of Obstetricians and Gynecologists and The Society for Sex Therapy and Research (SSTAR).

   AMA PRA CATEGORY 1 CREDIT(S)™
   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 17.25 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

   COLLEGE COGNATE CREDIT(S)
   The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 17.25 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows AMA PRA Category 1 Credits to be equivalent to College Cognate Credits.

   The breakdown of the number of credits for each day of the meeting is as follows:
   Thursday, March 29 – (preconference workshops) up to 6 credits
   Friday, March 30 – 4.5 credits
   Saturday, March 31 – 6.75 credits

DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS
In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

2. AMERICAN ASSOCIATION OF SEX EDUCATORS, COUNSELORS AND THERAPISTS (AASECT)
   This program meets the requirements of the AASECT and is approved for up to 17.25 hours. These CEs may be applied toward AASECT certification and renewal of certification.

3. AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)
   SSTAR is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SSTAR maintains responsibility for this program and its content. This program qualifies for up to 17.25 hours.

4. BOARD OF BEHAVIORAL SCIENCES (BBS)
   The Board of Behavioral Sciences approved SSTAR as a “Provider of Continuing Education” (PCE #1719) for Licensed Marriage and Family Therapists (LMFT) and Licensed Clinical Social Workers (LCSW). This program qualifies for up to 17.25 hours.
PROGRAM SCHEDULE

SEXUAL WELL-BEING:
Crossroads of Culture, Psychology & Physiology

THURSDAY, MARCH 29, 2012

COURSE #1: Recent Advances in Assessment & Treatment of Sexual Disorders
Moderator: Don Strassberg, Ph.D.
8:30 am-4:15 pm (Full-day)

8:30-9:30 am Talking About Sex in Clinical Practice
Presenter: Derek Polonsky, M.D.

9:30-10:30 am The Nature, Etiology & Treatment of Male Sexual Dysfunctions
Presenter: Don Strassberg, Ph.D., ABPP

10:30-10:45 am Break

10:45-11:45 am Assessment, Diagnosis & Treatment of Female Sexual Dysfunctions
Presenter: Bat Sheva Marcus, LMSW, MPH, Ph.D.

11:45-1:00 pm Lunch (on your own)

1:00-2:00 pm So Called Sexual Pain: “New” Approaches to the Diagnosis and Treatment of Dyspareunia and Vaginismus
Presenter: Yitzchak M. Binik, Ph.D.

2:00-3:00 pm An Update on Sexual Pharmacology and its Use to Reverse Antidepressant-Induced Sexual Dysfunction
Presenter: Adam Keller Ashton, M.D., M.S., D.F.A.P.A.

3:00-3:15 pm Break

3:15-4:15 pm Question and Answer Period With all Course Presenters

COURSE #2: Mindfulness-based Cognitive Therapy for Women with Sexual Difficulties
Presenter: Lori A. Brotto, Ph.D.
2:30-5:30 pm

COURSE #3: Understanding and Treating Love/Lust Splits
Presenter: Jack Morin, Ph.D.
2:30-5:30 pm

THURSDAY EVENING ACTIVITIES

6:00-7:00 pm Welcome Cocktail Reception

6:30 pm Presentation of Health Professional Book Award
Presented by Peggy J. Kleinplatz, Ph.D., Professional Book Award Committee Chair

6:00-8:00 pm New Research Trends: Poster Presentations
FRIDAY, MARCH 30, 2012

7:30 am-3:00 pm  Meeting Registration

7:30-8:15 am  Continental Breakfast

8:15 -8:30 am  Welcome
SSTAR President: Marta Meana, Ph.D.
Scientific Program Chair: Kathryn S.K. Hall, Ph.D.
Local Program Chair: Shirley Baron, Ph.D.
Continuing Education Officer: Brian D. Zamboni, Ph.D.

8:30-9:30 am  Keynote Presentation: Long-Term Erotic Couples: Discoveries from Those Who Make It Work
Moderator: Eli Coleman, Ph.D.
Presenter: Jack Morin, Ph.D.

9:30-10:30 am  What Leads to Optimal Sexual Experiences?
Moderator: Daniel Watter, Ed.D.

10:30-10:45 am  Break

10:45-11:30 am  Paper Session I: Cancer and Sexuality
Moderator: Lisa Anllo, Ph.D.

- Sexual Health and Bilateral Salpingo-Oophorectomy
  Presenters: Cara Dunkley, B.A., Lori A. Brotto, Ph.D. and Nadia Branco, M.Sc.

- Cancer and Female Sexuality: Moving from Observation to Evidence-Based Care
  Presenter: Stacy T. Lindau, M.D., MAPP

11:30-1:00 pm  Lunch (on your own)

1:00-1:45 pm  Hormones and Desire
Moderator: Shirley Baron, Ph.D.
Presenter: Sari van Anders, Ph.D.

1:45-2:45 pm  Paper Session II: Dimensions of Desire and the Boundaries of Behavior
Moderator: Stephen Snyder, M.D.

- A Streetcar Named Derousal?
  An Empirical Examination of the Desire-Arousal Distinction
  Presenters: Sabina Sarin, M.S. and Yitzchak M. Binik, Ph.D.

- Similarities and Differences between Asexuality and HSDD
  Presenters: Morag A. Yule, M.A., Lori A. Brotto, Ph.D. and Boris B. Gorzalka, Ph.D.

- Sexual Abuse and the Catholic Church: A Report to the U.S. Catholic Bishops
  Presenter: Julian Slowinski, Psy.D., ABPP

- Characteristics of Health Professionals Assigned to an Ethics Tutorial after Violating Sexual Boundaries with Patients
  Presenters: S. Michael Plaut, Ph.D., Janet Klein Brown, J.D., MSW, Rebecca C. Wilbur, M.A., Mira Brancu, Ph.D. and Katherine Rios, B.A.

3:15–5:45 pm  SPECIAL EXCURSION: The Modern Wing of the Art Institute of Chicago

7:30-9:00 pm  Fellowship Dinners at Local Restaurants
Sign up for this special networking event at the registration desk on-site.
### Meet the Experts: Breakfast Roundtables

1. **Becoming a Sex Therapist**  
   - Derek Polonsky, M.D.
2. **Professional Boundary Violations**  
   - Mike Plaut, Ph.D. and Julian Slowinski, Ph.D.
3. **Use and Misuse of Psychosexual Skill Exercises to Promote Sexual Desire**  
   - Barry McCarthy, Ph.D.
4. **Hormones and Desire in Context**  
   - Sari van Anders, Ph.D.
5. **Sexuality and Cancer**  
   - Anne Katz, RN, Ph.D.
6. **Mindfulness and Sex Therapy**  
   - Lori A. Brotto, Ph.D.

### African American Couples and Sex

- **Moderator:** Judith White, Ph.D.
- **Presenter:** Shalonda Kelly, Ph.D.

### Paper Session III: Innovations in Sex Research

- **Sandra R. Leiblum Student Research Award:**  
  - **Risk factors for early-onset sexual intercourse: Are observed associations causal?**  
    - **Recipient:** Kelly L. Donahue, B.A.
  - **Sexual Function and Behavior of Women with Lifelong Vaginismus**  
    - **Presenter:** Rebecca Cherner, Ph.D. (abd)
  - **Proximate and Remote Predictors of Orgasmic Pleasure in the Laboratory**  
    - **Presenter:** Laurel Paterson, B.A.

### Business Meeting & Lunch (Members Only)

- **Announcement of the Poster Award**

### Sexual Pain Disorders in Men

- **Moderator:** Richard Carroll, Ph.D.

### Contemporary Conceptualizations of Male Chronic Pelvic Pain: A Multidisciplinary Perspective

- **Presenters:** Seth N. Davis, B.A., Yitzchak M. Binik, Ph.D. and Serge Carrier, M.D.

### Peyronie's Disease

- **Presenter:** Laurence A. Levine, M.D.

### What the Brain Tells Us about Male Genital Pain

- **Presenter:** Melissa A. Farmer, Ph.D.

### Paper Session IV: Social and Medical Gender Transitioning on Demand: The Case for Caution

- **Moderator:** Marta Meana, Ph.D.

### Current Trends in Gender-Transition Care

- **Presenter:** Heino F.L. Meyer-Bahlburg, Dr. rer. nat.

### Clinical Care and Gender-Dysphoric Adolescents

- **Presenter:** Kenneth J. Zucker, Ph.D.

### Worry About Long Term Health of Transsexuals

- **Presenter:** Stephen B. Levine, M.D.

### Master Clinician Presentation: Corey: Working with Transgender Youth from a ‘Queer’ Perspective

- **Moderator:** Kathryn S.K. Hall, Ph.D.
- **Presenter:** Margaret Nichols, Ph.D.

### Closing Remarks

### Chicago Pizza Party

- **Sign up for this special networking event at the registration desk on-site.**
1. Attitudes Toward Seeking Help For Sexual Dysfunctions  
   Linnea Bergvall and Melissa Himelein, Ph.D.

2. Attachment Style Differences In Sexual Functioning  
   Silvain Dang, B.S., Cara Dunkley, B.A., Sabrina Chang, B.A. and Boris Gorzalka, Ph.D.

3. Sexual Functioning Of Individuals With Sexual Transmitted Infections  
   Lyndsay Foster, B.A. and E. Sandra Byers, Ph.D.

4. Young Women’s Descriptions Of Sexual Desire In Long-Term Relationships  
   Sarah H. Murray, M.Sc. and Olga Sutherland, Ph.D.

5. The Young And The Restless? Age As A Moderator Of The Association Between Sexual Desire And Sexual Distress In Women  
   Kyle R. Stephenson, M.A. and Cindy M. Meston, Ph.D.

6. How Does Impaired Sexual Functioning Affect Women’s Sexual Experiences?  
   Kyle R. Stephenson, M.A., Parrish Williams and Cindy M. Meston, Ph.D.

7. The Association Between Sexual Satisfaction And Overall Life Satisfaction For Women With Impaired Sexual Functioning  
   Kyle R. Stephenson, M.A., Parrish Williams and Cindy M. Meston, Ph.D.

8. Catastrophizing, Vulvar Pain, And The ‘Pain Matrix’: An FMRI Study  
   Kate S. Sutton, M.A., Caroline F. Pukall, Ph.D., Susan Chamberlain, M.D. and Conor Wild, M.Sc.

9. How Has Vulvar Pain Changed Your Life? An Examination Of Sexual And Relationship Function, And Health-Related Quality Of Life  
   Emma Dargie, M.Sc. and Caroline Pukall, Ph.D.

10. Could Vulvodynia Be Neuropathic? An Examination Of Pain Symptom Profiles In Women With Provoked Vestibulodynia  
    Emma Dargie, M.Sc. and Caroline Pukall, Ph.D.

11. What’s Pain Got To Do With It? Gynecological, Psychosexual And Pain-Related Correlates Of The Inability To Have Intercourse  
    Stéphanie C. Boyer, M.Sc. and Caroline F. Pukall, Ph.D.

12. How Should We Be Measuring And Defining Success In Vulvodynia Treatment Studies?  
    Corrie Goldfinger, M.Sc., Caroline F. Pukall, Ph.D., Stephanie Thibault-Gagnon, B.Sc. (PT), Linda McLean, B.Sc. (PT), Ph.D. and Susan Chamberlain, M.D.

13. A Review Of Pregnancy And Childbirth Outcomes In Vulvodynia  
    Kelly B. Smith, Ph.D., Lori A. Brotto, Ph.D., Leslie Sadownik, F.R.C.P.S., Rosemary Basson, M.D. and Kaitlyn Goldsmith

14. Libigel® (Testosterone Gel) Safety Study Completes Enrollment And Continues With A Low Cv Event Rate  
    Michael C. Snabes, M.D., Ph.D. and Joanne Zborowski, BSN

15. Behavioral And Personality Correlates Of Men With Sexual Interest In Transsexuals  
    Kevin J. Hsu, A. M. Rosenthal, M.S. and J. Michael Bailey, Ph.D.

16. Using Music To Introduce Topics When Teaching Human Sexuality  
    Eric W. Corty, Ph.D.
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2012 FALL CLINICAL MEETING
October 5, 2012 | New York, NY
The Penn Club of New York

38th ANNUAL MEETING
April 4 - 7, 2013 | Baltimore, MD
Hyatt Regency Baltimore on the Inner Harbor