SSTAR Society for Sex Therapy & Research

43RD ANNUAL MEETING

SSTAR 2018

LIFE IN TRANSITION: NAVIGATING CHANGES AND FOSTERING SEXUAL WELL-BEING

The Westin Philadelphia
Philadelphia, Pennsylvania
Thursday, April 19 to Sunday, April 22, 2018

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.

43RD ANNUAL MEETING

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LIFE IN TRANSITION: NAVIGATING CHANGES AND FOSTERING SEXUAL WELL-BEING

THE CONFERENCE

Welcome to the 43rd Annual meeting of SSTAR in Philadelphia, Pennsylvania. In our 43rd year as an organization, we continue to celebrate our commitment to excellence in the field of human sexuality —in research, clinical practice, education and training—as well as our commitment to the principle that people from all ages and all walks of life have a right to a healthy sexuality, a right to sex therapy treatment, and access to scientific discovery informing their sexual health and well-being.

The papers and their presenters at this meeting will stimulate our thinking about sexuality and its problems throughout the life span and across important life transitions. We need to continue to embrace the diversity of sexual preferences and experiences and to apply our science of sexuality to developing the best treatments for those who seek our help. There will be opportunities to hear about maintaining sexual desire and satisfaction in long-term relationships, the impacts of infertility and the pelvic floor on sexuality and sexual dysfunction, and to gain a broader understanding of the practice of consensual non-monogamy. In addition, we will hear from two scientists who have shared their (independent) work on women's sexual desire and sexual assault on college campuses in best-selling, award-winning books that are enjoyed by lay and scientific audiences alike.

The 2018 SSTAR Annual Meeting will be held at the Westin Philadelphia. The Westin Philadelphia is situated in the heart of the Center City Business District which is only steps from the Rittenhouse Square and boasts the best restaurants and shopping Philadelphia has to offer.

The meeting offers ample opportunities to spend informal time with colleagues. Between the cocktail reception on Thursday night, the social excursion to the Barnes Foundation Collection Galleries on Friday night, and the breaks and lunches throughout the conference, there will be a chance to reconnect with old friends and to interact with new acquaintances. Please make a special effort to introduce yourself to someone new, especially first-time attendees and students!

This year's meeting will feature training and new scientific knowledge for all attendees, independent of their background:

- There will be a full-day sex therapy fundamentals course offered on Thursday. This course will be an excellent introduction to clinicians new to the practice of sex therapy while allowing seasoned practitioners to refresh their knowledge and skills.
- For those with an interest in more intensive clinical training in a special area, we are offering pre-conference workshops on some of the hottest topics in sex and couple therapy, given by master clinicians in our field.
- We will hold an ethics workshop on Sunday morning addressing issues specific to the practice of sex therapy.
- **The conference sessions are a mix of longer and briefer presentations of current topics. Look out for the new "data blitz" presentations this year, which will be comprised of 5 minute summaries of exciting single studies.**
- Graduate students and postdoctoral fellows are invited to enjoy a lunch and learn with two veteran sex therapists and researchers. They'll discuss paths to career development in academia, research and clinical work in human sexuality.
- As always, there will be invited and peer-reviewed talks and poster presentations by experts as well as rising young researchers and clinicians on a wide variety of topics reflecting the latest research on the etiology of sexual problems and novel ways to understand and to treat them.
- We welcome students and newcomers to this exciting 43rd Annual SSTAR meeting in Philadelphia!

We look forward to seeing you in Philadelphia, at the center of the city and the heart of scientific and clinical discussions about sex therapy and research. We know you will take every opportunity to engage your fellow attendees in debate and discussion—the collegiality and respect that is a hallmark of SSTAR meetings is what keeps us all coming back.

Natalie O. Rosen, PhD
2018 Scientific Program Chair

Tuuli Kukkonen, PhD, CPsych
2018 Scientific Program Co-Chair

WHO SHOULD ATTEND

This program is designed for a broad range of medical and mental health professionals with an interest in the care of people with sexual concerns, as well as for sex researchers/scholars and trainees in sexology, psychology and other medical and mental health disciplines. The Society for Sex Therapy and Research is the premier international professional organization solely focused on sexual disorders.

EXECUTIVE COUNCIL 2017-2018

President . . . . . Kathryn Hall, PhD
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2018 Scientific Program Co-Chair . . Tuuli Kukkonen, PhD, CPsych
Membership Officer . . . . . Amy Rosenberg, LCSW
Communications Chair. . . . . Serena Corsini-Munt, PhD
Student/ECP Representative . . . . . Emma Dargie, MSc

LOCAL CHAIR 2018

Local Program Chairs . . . . . Rita DeMaria, PhD
Lucy Raizman, MSW, LCSW, LMFT, CST

THURSDAY, APRIL 19, 2018

Full-Day Instructional Course 6.0 CEs

7:30am – 4:30pm	**Meeting Registration**
8:00 – 8:30am	**Continental Breakfast**
8:30am – 5:00pm	**Sex Therapy Skills for the Practicing Clinician**
8:30 – 9:15am	**Cultural Complexities in Sex Therapy** Presenter: Kathryn Hall, PhD
9:15 – 10:00am	**Biopsychosocial Assessment and Treatment of Erectile Dysfunction, Premature and Delayed Ejaculation** Presenter: Stanley Althof, PhD
10:00 – 10:15am	**Break**
10:15 – 11:00am	**Sexual Desire in Women** Presenter: Marta Meana, PhD
11:00 – 11:45am	**Clinical Management of Gender Incongruence, Gender Diversity** Presenter: Eli Coleman, PhD
11:45am – 1:15pm	**LUNCH (on your own)**
1:15 – 2:00pm	**Still Going Strong: Sexuality and Older Adults** Presenter: Tuuli Kukkonen, PhD, CPsych
2:00 – 2:45pm	**Low Sexual Desire in Men** Presenter: Stanley Althof, PhD
2:45 – 3:00pm	**Break**
3:00 – 3:45pm	**Systemic Sex Therapy** Presenter: Nancy Gambescia, PhD
3:45 – 4:30pm	**Humanistic-Existential Approaches to Sex Therapy** Presenter: Daniel Watter, EdD

Preconference Workshops Advanced Practice in Special Subjects
Individuals may register for up to TWO workshops, one in the am and one in the pm

Morning WORKSHOP #1 (9:00am – 12:00pm) 3.0 CEs
An Integrative Approach for Evaluating and Treating Couples for Sex Therapy
Presenters: William Talmadge, PhD and Tracey Talmadge, PhD

Morning WORKSHOP #2 (9:00am – 12:00pm) 3.0 CEs
Pills and Skills: Evidence-Based and Practical Strategies for Managing Patients' Sexual Concerns
Presenters: Lori Brotto, PhD and Stephen Snyder, MD

Afternoon WORKSHOP #3 (2:00 – 5:00pm) 3.0 CEs
Sexuality and Cancer for Therapists and Counselors
Presenter: Anne Katz, PhD, RN, FAAN

Conference attendees are invited to view posters, meet the presenters, and vote on "Voters Choice."

Poster awards are a part of every SSTAR conference. Several awards will be selected by judges and announced at the end of the meeting on Saturday. Please pick up your ballot and vote for the "Voters Choice" award while viewing the posters!

5:30 – 6:00pm **New Member Reception**

6:00 – 7:30pm **New Research Trends: Poster Presentations**

6:00 – 7:30pm **Welcome Reception**

FRIDAY, APRIL 20, 2018 6.0 CEs

New to SSTAR this year! A data blitz is a quick, concise, and exciting way to present cutting-edge research findings. Presenters will have exactly 5 minutes with 5 slides to present their research, followed by one question from the audience.

7:30am – 4:00pm **Meeting Registration**

7:30 – 8:00am **Continental Breakfast**

8:00 – 8:15am **Welcome**
SSTAR President: Kathryn Hall, PhD
Scientific Program Co-Chairs: Natalie Rosen, PhD and Tuuli Kukkonen, PhD, CPsych
Local Program Chairs: Rita DeMaria, PhD and Lucy Raizman, MSW, LCSW, LMFT, CST
Continuing Education Officer: Elizabeth Grill, PsyD

8:15 – 9:15am **Plenary 1: Keeping the Spark Alive: How Do Couples Maintain Sexual Desire and Satisfaction in Romantic Relationships**
Presenter: Emily Impett, PhD

9:15 – 10:15am **Research + Data Blitz 1**

Research 1: Sexual Preferences and Expression

1. Are Paraphilic Interests Aberrant? An Examination of the Prevalence, Early Sexual Experiences, and Psychosociosexual Adjustment of a Community Sample with Paraphilic Interests
   Lauryn Vander-Molen, BA (Hons)
2. Is Porn Good For Our Sex Life? A Dyadic Study of Pornography Use In Heterosexual Couples
   Marie-Pier Vaillancourt-Morel, PhD

Data Blitz 1:

1. **"Whammy, We Were Having Sex": A Mixed-Methods Exploration of Spontaneous Discussion of Sexual Consent.** Erin J. Shumlich, MSc
2. **Restrain Or Reframe? Emotion Regulation Strategies in Couples Affected by Female Sexual Interest/ Arousal Disorder.** Justin P. Dubé, BSc
3. **A Daily Diary Study of Discrepant Sexual Desire in Committed Couples.** Jean-François Jodouin, PhD
4. **Maternal Support as a Moderator of the Relationship Between Self-Blaming and Self-Harming Behavior in Adolescents Girls.** Sharon Cohen, BA

10:15 – 10:30am **Break**

10:30 – 11:30am **Plenary 2: The Impact of Infertility, ART, and Pregnancy on Sexual Health**
Presenter: Elizabeth Grill, PsyD

11:30am – 12:30pm **LUNCH (on your own)**

11:30am – 12:30pm **Lunch and Learn with the Experts for Grad Students and Post Docs Only:**
Becoming a Sex Therapist and/or Researcher: The Process, Pitfalls and Payoffs
Presenters: Sophie Bergeron, PhD and Elizabeth Grill, PsyD
Limited opportunity; First come, first serve

12:45 – 1:15pm **Masters & Johnson Award & Address**
2018 Recipient: Marta Meana, PhD
Presenter: James Cantor, PhD

1:15 – 2:15pm **Plenary 3: Sexual Paranoia Comes to Campus**
Presenter: Laura Kipnis, MFA

2:15 – 2:40pm **Break**

2:40 – 3:00pm **Sandra R. Leiblum Student Research Award Presentation**
2018 Recipient: Myriam Paquet of the University of Montreal, Canada
How Do You Feel? Daily Anxiety and Depressive Symptoms are Associated with Pain, Sexual Function and Sexual Distress Among Couples Coping with Vulvodynia

3:00 – 4:00pm **Research 2: Sexual Interest & Arousal**

1. Women with Hypoactive Sexual Desire Disorder Versus Sexual Interest/Arousal Disorder: An Empirical Test of Raising the Bar. Julia I. O'Loughlin, MA
2. Sexual Initiation: Not Everyone Wants to be Kissed First. Petra Zebroff, PhD, DHS
3. Treating Low Desire and Low Sexual Frequency by Promoting Optimal Sexual Experiences. Peggy Kleinplatz, PhD
4. Heart – Rate Variability Intervention Increases Sexual Arousal and Genital Sensations: Preliminary Results from a Randomized-Controlled Trial. Amelia Stanton, BA

Social Excursion

5:00 – 6:15pm **Walking tour through special Art Collection at The Barnes Foundation**

6:30 – 9:30pm **Cocktail & Dinner Reception at Maggiano's**
Trolley to Barnes Foundation departing from Westin Philadelphia at 4:30pm. Walking tour to Barnes Foundation leaving from Westin Philadelphia at 4:45pm. Transportation will continue on back to the hotel at the end of the dinner. Casual attire, dinner and one drink ticket included. Followed by cash bar.

SATURDAY, APRIL 21, 2018 7.0 CEs

7:30am – 4:00pm **Meeting Registration**

7:45 – 8:30am **SSTAR Member Breakfast & Business Meeting, Members Only**

7:45 – 8:30am **Continental Breakfast, Non Members**

8:30 – 9:30am **Plenary 4: The Science of Talking to Non-Scientists about Sex Science**
Presenter: Emily Nagoski, PhD

9:30 – 10:15am **ISSWSH Invited Lecture: Sexual Pain and Vestibulogynia in Women: Physical Assessment and Innovative Treatments**
Presenter: Susan Kellogg Spadt, PhD, CRNP

10:15 – 10:30am **Break**

10:30 – 11:40am **Research 3: Sexuality in Life Transitions**

1. Sexual Functioning in Couples Seeking Fertility Treatment: An attachment Perspective. Audrey Brassard, PhD
2. Development of a Mindfulness-Based Group Therapy Manual to Improve Couples' Intimacy After Prostate Cancer Treatment. Jennifer Bossio, PhD
3. Sexuality in the Latter Half of the Lifespan: A Qualitative Inquiry. Jennifer Jo Connor, PhD
4. When Love, Lust and Commitment are Arranged: Treating Indian American Couples Who Have Had Arranged Marriages. Sabitha Pillai-Friedman, PhD, LCSW, CST

11:40 am – 12:50 pm **LUNCH (Open to All Attendees)**

12:55 – 1:55pm **Research 4 + Data Blitz 2**

Research 4: Genito-Pelvic Pain

1. Change Trajectories of Sexual Communication Patterns for Couples Receiving Cognitive-Behavior Couple Therapy vs. Medical Intervention for Genito-Pelvic Pain/Penetration Disorder. Kate Rancourt, BSc
2. Self-Efficacy Mediates the Relation Between Attachment Insecurity and Pain in Women with Vulvodynia: A Two-Year Prospective Dyadic Study. Veronique Charbonneau-Lefevre, PhD

Data Blitz 2:

1. An Examination Of Physiological Sexual Arousal Following Childbirth. Jaclyn Cappell, Msc

2. Romantic Attachment Insecurity and Sexual Well-being in Pregnancy: A Dyadic Study. Noémie Bigras, MA

3. The Influence of Interoception on Vaginal Lubrication. Ariel Handy, BA

4. Sexual and Gender Identity on the Autism Spectrum. Scott Ronis, PhD

1:55 – 2:55pm **Plenary 5: Is Monogamy Optimal? Considering Relational Adjustment, STI-prevention and Child Well-being**
Presenter: Terri Conley, PhD

2:55 – 3:10pm **Break**

3:10 – 3:30pm **Young Investigator Award Presentation from the Journal of Sex & Marital Therapy**

3:30 – 5:00pm **Clinical Case Presentation: What Do You Get the Man Who Has it All: Alchoholism, Exhibitionism, ED, PE, Work Issues, Marital Problems…and a Relatively Poor Golf Game?**
Case Presentation: Stephen J. Betchen, DSW

5:00 – 5:15pm **Awards Presentations, Farewell and Passing of the Torch to Tuuli Kukkonen, PhD, Scientific Chair 2019!**

Poster Awards

Health Professional Book Award 2018

2018 Recipient: Douglas Braun-Harvey, MA, MFT, CGP, CST and Michael Vigorito, LMFT, CGP, CST: *Treating Out of Control Sexual Behavior: Rethinking Sex Addiction*

7:00 – 9:00pm Time to visit Philadelphia on your own

SUNDAY, APRIL 22, 2018 3.0 CEs

9:00am – 12:00pm **Ethics Course: Ethical Coherence vs. Moral Imperative? An Examination of Sexuality Position Statements From Professional Organizations and the Implications for Practice**
Presenters: Peggy Kleinplatz, PhD and Daniel Watter, EdD

Meeting adjourns

CONFERENCE HOTEL

The Westin Philadelphia

99 South 17th Street

Philadelphia, PA 19103

The Westin Tel: (215) 563-1600

Tel Reservations: (215) 563-1600

Online Reservation Link: https://www.starwoodmeeting.com/events/start.action?id=1712059101&key=321C54E0

The 2018 SSTAR Annual Meeting will be held at the Westin Philadelphia in Philadelphia, Pennsylvania. Situated in the heart of the city, The Westin Philadelphia enhances its desirable Rittenhouse Square address with comfort and style. Steps from shopping, award-winning restaurants and conveniently connected to the stores at Liberty Place, the Westin provides the premiere downtown location, amenities and service.
See more at: http://www.starwoodhotels.com/westin/property/overview/index.html?propertyID=1231

RESERVATIONS: A block of rooms with a special group rate has been reserved for SSTAR meeting attendees at the Single/Double Room rate of $199 (USD). Please inform reservations that you are a SSTAR meeting attendee to receive this special rate. The room block will be released on Friday, March 16, 2018, so please make your reservation early. After that day, room reservations are subject to availability and prices may go up.

Check-in time is 3:00pm
Check-out time is 12:00pm

LATE FEE & CANCELLATION POLICIES

Please understand that SSTAR's cancellation policy is not meant to be punitive. SSTAR has made financial agreements with each of our venues that require us to guarantee a certain number of attendees at our meetings. Once a certain date has passed, SSTAR is obligated to pay the spot of all who have registered. In addition, many SSTAR events sell out, and potential attendees have been turned away. Therefore, we have developed the following policy for cancellation requests. All requests for cancellation refunds must be submitted in writing prior to Friday, March 16, 2018. Please include the name of the registrant and the name of the conference. See below for email, address or fax information. A $50 U.S. administrative fee will be charged. Cancellations made after March 16th will not be eligible for any refunds.

EMERGENCY ILLNESS OR DEATH OF REGISTRANT OR IMMEDIATE FAMILY MEMBER: Refunds may be granted if an attendee is unable to attend the Conference due to a family death, illness, or other extraordinary circumstance. In such a circumstance, the SSTAR Main Office must be contacted in writing by e-mail, fax or letter prior to the meeting. The Executive Council will review the reason; there is no guarantee it will be granted. No refunds will be granted for any reason after the Conference has begun.

Late Fee: The late fee of $50 per session, across all registrant types, goes into effect March 16, 2018. Please see the registration form for the pricing.

Written requests may be submitted to the Society for Sex Therapy and Research (SSTAR):

Email: info@sstarnet.org

Mail: 8120 Lehigh Avenue, Suite 100
Morton Grove, IL 60053

Fax: 847.647.8940

OPTIONAL SOCIAL EXCURSION TICKETS:
Because SSTAR makes financial obligations based on the number of tickets sold for social excursions, we cannot refund tickets unless the event is cancelled. You may, on your own, sell or give your ticket to another individual. In the past, several registrants who have needed to cancel have generously donated their ticket to a student attendee in order to make it financially possible for the student to participate in the excursion.

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS: The SSTAR 2018 Annual Meeting is being planned and implemented in accordance with the Essential Areas and Polices of the Accreditations Council for Continuing Medical Education (ACCME) through joint sponsorship with The American College of Obstetricians and Gynecologists (ACOG). ACOG has approved the program to receive up to 22 CE credits for AASECT, APA, NASW and NYSED.

The breakdown of the number of credits is as follows:

Thursday workshop(s): CME & CE Credits = up to 6
Friday Meeting: CME & CE Credits = 6
Saturday Meeting: CME & CE Credits = 7
Sunday Meeting: CME & CE Credits = 3

For questions regarding CE credits, please contact Elizabeth Grill at (646) 962-3314 or eag2001@med.cornell.edu.

Online Registration
Registration is available to all attendees online. Simply visit www.sstarnet.org.

SSTAR offers registration in these categories:

STUDENT MEMBER
Full-Time

EARLY CAREER PROFESSIONAL (ECP)
Post-graduate/Trainee
Full-time/No license
Status for up to 3 years

ASSOCIATE MEMBER
Licensed Clinician
Researcher/ Academic Appt.

FULL MEMBER
4+ years Licensed Experience
Researcher/Academic Appt.
Published

SSTAR 2018 ANNUAL MEETING - REGISTRATION FORM (PLEASE PRINT)

Please complete information below and submit with the payment information by mailing to:
SSTAR National Office, 8120 Lehigh Avenue, Suite 100, Morton Grove, IL 60053, or FAX to: 847-647-8940.
Student NON-Members: Please provide a letter from the program director or thesis supervisor stating that you are registered in the program on a full-time basis.

FULL NAME (AS YOU WOULD LIKE IT TO APPEAR ON CE CERTIFICATE)

NAME FOR BADGE (IF DIFFERENT THAN ABOVE)

DEGREE(S) LICENSE NUMBER

ADDRESS CITY STATE ZIP

PHONE E-MAIL

Late fee of $50 per session, across all registrant types, goes into effect on March 16, 2018.

All Pricing and Payment are in US Dollars.

Registration Fees	Associate/ Full Member	Associate/Full Non-Member	Early Career Professional Member	ECP Non-member	Student Member	Student Non-Member
Thursdays Workshops						
◯ All Day Instructional Course	$225	$350	$110	$175	$60	$90
Choose up to TWO workshops						
◯ Thursday Workshop #1 (9:00am - 12:00pm)	$150	$200	$75	$100	$30	$50
◯ Thursday Workshop #2 (9:00am - 12:00pm)	$150	$200	$75	$100	$30	$50
◯ Thursday Workshop #3 (2:00pm - 5:00pm)	$150	$200	$75	$100	$30	$50
Annual Meeting Registration-Check ONE						
◯ Friday/Saturday/ Full Meeting	$525	$725	$260	$360	$170	$200
◯ Friday Single Full Day	$300	$400	$150	$200	$100	$125
◯ Saturday Single Full Day	$300	$400	$150	$200	$100	$125
◯ Sunday Ethics Course	$150	$200	$75	$100	$30	$50
◯ Posters Reception/Welcome Party (Thursday) Free with meeting registration; please RSVP for yourself and/or guest	$0	$0	$0	$0	$0	$0
◯ Posters Reception/Welcome Party Guest (Thursday)	$40	$40	$40	$40	$40	$40
◯ Friday Lunch & Learn for Students only: Free with meeting registration; please RSVP - space is limited	$0	$0	$0	$0	$0	$0
◯ Dinner Reception (Friday)	$73	$73	$73	$73	$36	$36
◯ Barnes Foundation Art Tour (Friday) (Transportation included)	$25	$25	$25	$25	$25	$25
Continuing Education Credits						
◯ CME Fees ACOG	$50	$50	$50	$50	$50	$50
◯ CE Fees ($30 per type, please select) ◯ AASECT ◯ APA ◯ NASW ◯ NYSED	$30	$30	$30	$30	$30	$30
TOTAL						

*Members Registration includes Saturday Business Breakfast

Dietary Requirements ◯ KOSHER ◯ GLUTEN FREE ◯ VEGAN ◯ VEGETRIAN

All Pricing and Payment are in US Dollars.

PAYMENT INFORMATION

TOTAL PAYMENT: $_____ (USD)

◯ Check (made payable to SSTAR in USD only)

◯ Credit Card (select type):
◯ MASTERCARD ◯ VISA ◯ AMEX ◯ DISCOVER

CREDIT CARD NUMBER EXPIRATION DATE SECURITY CODE

CARDHOLDER NAME

CARDHOLDER BILLING ADDRESS