SSTAR 2018
LIFE IN TRANSITION: Navigating Changes and Fostering Sexual Well-Being
The Westin Philadelphia
Philadelphia, Pennsylvania
Thursday, April 19 to Sunday, April 22, 2018

Register online at www.sstarnet.org
Earn up to 22 CE Credits

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.
Welcome to the 43rd Annual meeting of SSTAR in Philadelphia, Pennsylvania. In our 43rd year as an organization, we continue to celebrate our commitment to excellence in the field of human sexuality—in research, clinical practice, education and training—as well as our commitment to the principle that people from all ages and all walks of life have a right to a healthy sexuality, a right to sex therapy treatment, and access to scientific discovery informing their sexual health and well-being.

The papers and their presenters at this meeting will stimulate our thinking about sexuality and its problems throughout the life span and across important life transitions. We need to continue to embrace the diversity of sexual preferences and experiences and to apply our science of sexuality to developing the best treatments for those who seek our help. There will be opportunities to hear about maintaining sexual desire and satisfaction in long-term relationships, the impacts of infertility and the pelvic floor on sexuality and sexual dysfunction, and to gain a broader understanding of the practice of consensual non-monogamy. In addition, we will hear from two scientists who have shared their (independent) work on women’s sexual desire and sexual assault on college campuses in best-selling, award-winning books that are enjoyed by lay and scientific audiences alike.

The 2018 SSTAR Annual Meeting will be held at the Westin Philadelphia. The Westin Philadelphia is situated in the heart of the Center City Business District which is only steps from the Rittenhouse Square and boasts the best restaurants and shopping Philadelphia has to offer. The meeting offers ample opportunities to spend informal time with colleagues. Between the cocktail reception on Thursday night, the social excursion to the Barnes Foundation Collection Galleries on Friday night, and the breaks and lunches throughout the conference, there will be a chance to reconnect with old friends and to interact with new acquaintances. Please make a special effort to introduce yourself to someone new, especially first-time attendees and students!

This year’s meeting will feature training and new scientific knowledge for all attendees, independent of their background:

- There will be a full-day sex therapy fundamentals course offered on Thursday. This course will be an excellent introduction to clinicians new to the practice of sex therapy while allowing seasoned practitioners to refresh their knowledge and skills.
- For those with an interest in more intensive clinical training in a special area, we are offering pre-conference workshops on some of the hottest topics in sex and couple therapy, given by master clinicians in our field.
- We will hold an ethics workshop on Sunday morning addressing issues specific to the practice of sex therapy.
- The conference sessions are a mix of longer and briefer presentations of current topics. Look out for the new "data blitz" presentations this year, which will be comprised of 5 minute summaries of exciting single studies.
- Graduate students and postdoctoral fellows are invited to enjoy a lunch and learn with two veteran sex therapists and researchers. They’ll discuss paths to career development in academia, research and clinical work in human sexuality.
- As always, there will be invited and peer-reviewed talks and poster presentations by experts as well as rising young researchers and clinicians on a wide variety of topics reflecting the latest research on the etiology of sexual problems and novel ways to understand and to treat them.
- We welcome students and newcomers to this exciting 43rd Annual SSTAR meeting in Philadelphia!

We look forward to seeing you in Philadelphia, at the center of the city and the heart of scientific and clinical discussions about sex therapy and research. We know you will take every opportunity to engage your fellow attendees in debate and discussion—the collegiality and respect that is a hallmark of SSTAR meetings is what keeps us all coming back.

Natalie O. Rosen, PhD
2018 Scientific Program Chair

Tuuli Kukkonen, PhD, CPsych
2018 Scientific Program Co-Chair
WHO SHOULD ATTEND

This program is designed for a broad range of medical and mental health professionals with an interest in the care of people with sexual concerns, as well as for sex researchers/scholars and trainees in sexology, psychology and other medical and mental health disciplines. The Society for Sex Therapy and Research is the premier international professional organization solely focused on sexual disorders.

EXECUTIVE COUNCIL 2017-2018

President .................................. Kathryn Hall, PhD
Past President ........................... Daniel Watter, EdD
President-Elect ....................... Sophie Bergeron, PhD
Secretary – Treasurer ............. Anne Katz, PhD, RN, FAAN
Continuing Education Officer.......... Elizabeth Grill, PsyD
2018 Scientific Program Chair ........ Natalie O. Rosen, PhD
2018 Scientific Program Co-Chair .. Tuuli Kukkonen, PhD, CPsych
Membership Officer .................... Amy Rosenberg, LCSW
Communications Chair ............ Serena Corsini-Munt, PhD
Student/ECP Representative ....... Emma Dargie, MSc

LOCAL CHAIR 2018

Local Program Chairs ................. Rita DeMaria, PhD
Lucy Raizman, MSW, LCSW, LMFT, CST

THURSDAY, APRIL 19, 2018

Full-Day Instructional Course  6.0 CEs

7:30am – 4:30pm  Meeting Registration
8:00 – 8:30am  Continental Breakfast
8:30am – 5:00pm  Sex Therapy Skills for the Practicing Clinician
8:30 – 9:15am  Cultural Complexities in Sex Therapy
Presenter: Kathryn Hall, PhD
9:15 – 10:00am  Biopsychosocial Assessment and Treatment of Erectile Dysfunction, Premature and Delayed Ejaculation
Presenter: Stanley Althof, PhD
10:00 – 10:15am  Break
10:15 – 11:00am  Sexual Desire in Women
Presenter: Marta Meana, PhD
11:00 – 11:45am  Clinical Management of Gender Incongruence, Gender Diversity
Presenter: Eli Coleman, PhD
11:45am – 1:15pm  LUNCH (on your own)
1:15 – 2:00pm  Still Going Strong: Sexuality and Older Adults
Presenter: Tuuli Kukkonen, PhD, CPsych
2:00 – 2:45pm  Low Sexual Desire in Men
Presenter: Stanley Althof, PhD
2:45 – 3:00pm  Break
3:00 – 3:45pm  Systemic Sex Therapy
Presenter: Nancy Gambescia, PhD
3:45 – 4:30pm  Humanistic-Existential Approaches to Sex Therapy
Presenter: Daniel Watter, EdD

SSTAR OFFICE 847.647.8832

Register online at www.sstarnet.org
Preconference Workshops Advanced Practice in Special Subjects
Individuals may register for up to TWO workshops, one in the am and one in the pm

Morning WORKSHOP #1 (9:00am – 12:00pm) 3.0 CEs
An Integrative Approach for Evaluating and Treating Couples for Sex Therapy
Presenters: William Talmadge, PhD and Tracey Talmadge, PhD

Morning WORKSHOP #2 (9:00am – 12:00pm) 3.0 CEs
Pills and Skills: Evidence-Based and Practical Strategies for Managing Patients' Sexual Concerns
Presenters: Lori Brotto, PhD and Stephen Snyder, MD

Afternoon WORKSHOP #3 (2:00 – 5:00pm) 3.0 CEs
Sexuality and Cancer for Therapists and Counselors
Presenter: Anne Katz, PhD, RN, FAAN

Conference attendees are invited to view posters, meet the presenters, and vote on “Voters Choice.”
Poster awards are a part of every SSTAR conference. Several awards will be selected by judges and announced at the end of the meeting on Saturday. Please pick up your ballot and vote for the “Voters Choice” award while viewing the posters!

5:30 – 6:00pm New Member Reception
6:00 – 7:30pm New Research Trends: Poster Presentations
6:00 – 7:30pm Welcome Reception

FRIDAY, APRIL 20, 2018 6.0 CEs

New to SSTAR this year! A data blitz is a quick, concise, and exciting way to present cutting-edge research findings. Presenters will have exactly 5 minutes with 5 slides to present their research, followed by one question from the audience.

7:30am – 4:00pm Meeting Registration
7:30 – 8:00am Continental Breakfast
8:00 – 8:15am Welcome
SSTAR President: Kathryn Hall, PhD
Scientific Program Co-Chairs: Natalie Rosen, PhD and Tuuli Kukkonen, PhD, CPsych
Local Program Chairs: Rita DeMaria, PhD and Lucy Raizman, MSW, LCSW, LMFT, CST
Continuing Education Officer: Elizabeth Grill, PsyD

8:15 – 9:15am Plenary 1: Keeping the Spark Alive: How Do Couples Maintain Sexual Desire and Satisfaction in Romantic Relationships
Presenter: Emily Impett, PhD

9:15 – 10:15am Research + Data Blitz 1

Research 1: Sexual Preferences and Expression
1. Are Paraphilic Interests Aberrant? An Examination of the Prevalence, Early Sexual Experiences, and Psychosociosexual Adjustment of a Community Sample with Paraphilic Interests
   Lauryn Vander-Molen, BA (Hons)

2. Is Porn Good For Our Sex Life? A Dyadic Study of Pornography Use In Heterosexual Couples
   Marie-Pier Vaillancourt-Morel, PhD

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10:15 – 10:30am  Break

10:30 – 11:30am  Plenary 2: The Impact of Infertility, ART, and Pregnancy on Sexual Health
Presenter: Elizabeth Grill, PsyD

11:30am – 12:30pm  LUNCH (on your own)

11:30am – 12:30pm  Lunch and Learn with the Experts for Grad Students and Post Docs Only:
Becoming a Sex Therapist and/or Researcher: The Process, Pitfalls and Payoffs
Presenters: Sophie Bergeron, PhD and Elizabeth Grill, PsyD
Limited opportunity; First come, first serve

12:45 – 1:15pm  Masters & Johnson Award & Address
2018 Recipient: Marta Meana, PhD
Presenter: James Cantor, PhD

1:15 – 2:15pm  Plenary 3: Sexual Paranoia Comes to Campus
Presenter: Laura Kipnis, MFA

2:15 – 2:40pm  Break

2:40 – 3:00pm  Sandra R. Leiblum Student Research Award Presentation
2018 Recipient: Myriam Paquet of the University of Montreal, Canada
How Do You Feel? Daily Anxiety and Depressive Symptoms are Associated with Pain, Sexual Function and Sexual Distress Among Couples Coping with Vulvodynia

3:00 – 4:00pm  Research 2: Sexual Interest & Arousal
1. Women with Hypoactive Sexual Desire Disorder Versus Sexual Interest/Arousal Disorder: An Empirical Test of Raising the Bar. Julia I. O’Loughlin, MA
2. Sexual Initiation: Not Everyone Wants to be Kissed First. Petra Zebroff, PhD, DHS
3. Treating Low Desire and Low Sexual Frequency by Promoting Optimal Sexual Experiences. Peggy Kleinplatz, PhD
4. Heart – Rate Variability Intervention Increases Sexual Arousal and Genital Sensations: Preliminary Results from a Randomized-Controlled Trial. Amelia Stanton, BA

Social Excursion
5:00 – 6:15pm  Walking tour through special Art Collection at The Barnes Foundation

6:30 – 9:30pm  Cocktail & Dinner Reception at Maggiano’s
Trolley to Barnes Foundation departing from Westin Philadelphia at 4:30pm. Walking tour to Barnes Foundation leaving from Westin Philadelphia at 4:45pm. Transportation will continue on back to the hotel at the end of the dinner. Casual attire, dinner and one drink ticket included. Followed by cash bar.
SATURDAY, APRIL 21, 2018  7.0 CEs

7:30am – 4:00pm  Meeting Registration

7:45 – 8:30am  SSTAR Member Breakfast & Business Meeting, Members Only

7:45 – 8:30am  Continental Breakfast, Non Members

8:30 – 9:30am  Plenary 4: The Science of Talking to Non-Scientists about Sex Science

Presenter: Emily Nagoski, PhD


Presenter: Susan Kellogg Spadt, PhD, CRNP

10:15 – 10:30am  Break

10:30 – 11:40am  Research 3: Sexuality in Life Transitions

1.  Sexual Functioning in Couples Seeking Fertility Treatment: An attachment Perspective. Audrey Brassard, PhD

2.  Development of a Mindfulness-Based Group Therapy Manual to Improve Couples’ Intimacy After Prostate Cancer Treatment. Jennifer Bossio, PhD


4.  When Love, Lust and Commitment are Arranged: Treating Indian American Couples Who Have Had Arranged Marriages. Sabitha Pillai-Friedman, PhD, LCSW, CST

11:40 am – 12:50 pm  LUNCH (Open to All Attendees)

12:55 – 1:55pm  Research 4 + Data Blitz 2

Research 4: Genito-Pelvic Pain

1.  Change Trajectories of Sexual Communication Patterns for Couples Receiving Cognitive-Behavior Couple Therapy vs. Medical Intervention for Genito-Pelvic Pain/Penetration Disorder. Kate Rancourt, BSc

2.  Self-Efficacy Mediates the Relation Between Attachment Insecurity and Pain in Women with Vulvodynia: A Two-Year Prospective Dyadic Study. Veronique Charbonneau-Lefevre, PhD


Presenter: Terri Conley, PhD

2:55 – 3:10pm  Break

3:10 – 3:30pm  Young Investigator Award Presentation from the Journal of Sex & Marital Therapy

3:30 – 5:00pm  Clinical Case Presentation: What Do You Get the Man Who Has it All: Alcoholism, Exhibitionism, ED, PE, Work Issues, Marital Problems…and a Relatively Poor Golf Game?

Case Presentation: Stephen J. Betchen, DSW
5:00 – 5:15pm  Awards Presentations, Farewell and Passing of the Torch to Tuuli Kukkonen, PhD, Scientific Chair 2019!

Poster Awards

Health Professional Book Award 2018

2018 Recipient: Douglas Braun-Harvey, MA, MFT, CGP, CST and Michael Vigorito, LMFT, CGP, CST: Treating Out of Control Sexual Behavior: Rethinking Sex Addiction

7:00 – 9:00pm  Time to visit Philadelphia on your own

SUNDAY, APRIL 22, 2018  3.0 CEs

9:00am – 12:00pm  Ethics Course: Ethical Coherence vs. Moral Imperative? An Examination of Sexuality Position Statements From Professional Organizations and the Implications for Practice

Presenters: Peggy Kleinplatz, PhD and Daniel Watter, EdD

Meeting adjourns

CONFERENCE HOTEL

The Westin Philadelphia
99 South 17th Street
Philadelphia, PA 19103

The Westin Tel: (215) 563-1600
Tel Reservations: (215) 563-1600
Online Reservation Link: https://www.starwoodmeeting.com/events/start.action?id=1712059101&key=321C54E0

The 2018 SSTAR Annual Meeting will be held at the Westin Philadelphia in Philadelphia, Pennsylvania. Situated in the heart of the city, The Westin Philadelphia enhances its desirable Rittenhouse Square address with comfort and style. Steps from shopping, award-winning restaurants and conveniently connected to the stores at Liberty Place, the Westin provides the premiere downtown location, amenities and service. See more at: http://www.starwoodhotels.com/westin/property/overview/index.html?propertyID=1231

RESERVATIONS: A block of rooms with a special group rate has been reserved for SSTAR meeting attendees at the Single/Double Room rate of $199 (USD). Please inform reservations that you are a SSTAR meeting attendee to receive this special rate. The room block will be released on Friday, March 16, 2018, so please make your reservation early. After that day, room reservations are subject to availability and prices may go up.

Check-in time is 3:00pm
Check-out time is 12:00pm

LATE FEE & CANCELLATION POLICIES

Please understand that SSTAR’s cancellation policy is not meant to be punitive. SSTAR has made financial agreements with each of our venues that require us to guarantee a certain number of attendees at our meetings. Once a certain date has passed, SSTAR is obligated to pay the spot of all who have registered. In addition, many SSTAR events sell out, and potential attendees have been turned away. Therefore, we have developed the following policy for cancellation requests. All requests for cancellation refunds must be submitted in writing prior to Friday, March 16, 2018. Please include the name of the registrant and the name of the conference. See below for email, address or fax information. A $50 U.S. administrative fee will be charged. Cancellations made after March 16th will not be eligible for any refunds.
EMERGENCY ILLNESS OR DEATH OF REGISTRANT OR IMMEDIATE FAMILY MEMBER: Refunds may be granted if an attendee is unable to attend the Conference due to a family death, illness, or other extraordinary circumstance. In such a circumstance, the SSTAR Main Office must be contacted in writing by e-mail, fax or letter prior to the meeting. The Executive Council will review the reason; there is no guarantee it will be granted. No refunds will be granted for any reason after the Conference has begun.

**Late Fee:** The late fee of $50 per session, across all registrant types, goes into effect March 16, 2018. Please see the registration form for the pricing.

Written requests may be submitted to the Society for Sex Therapy and Research (SSTAR):

Email:  info@sstarnet.org
Mail:  8120 Lehigh Avenue, Suite 100
       Morton Grove, IL 60053
Fax:  847.647.8940

OPTIONAL SOCIAL EXCURSION TICKETS:
Because SSTAR makes financial obligations based on the number of tickets sold for social excursions, we cannot refund tickets unless the event is cancelled. You may, on your own, sell or give your ticket to another individual. In the past, several registrants who have needed to cancel have generously donated their ticket to a student attendee in order to make it financially possible for the student to participate in the excursion.

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS: The SSTAR 2018 Annual Meeting is being planned and implemented in accordance with the Essential Areas and Policies of the Accreditations Council for Continuing Medical Education (ACCME) through joint sponsorship with The American College of Obstetricians and Gynecologists (ACOG). ACOG has approved the program to receive up to 22 CE credits for AASECT, APA, NASW and NYSED.

The breakdown of the number of credits is as follows:

- Thursday workshop(s): CME & CE Credits = up to 6
- Friday Meeting: CME & CE Credits = 6
- Saturday Meeting: CME & CE Credits = 7
- Sunday Meeting: CME & CE Credits = 3

For questions regarding CE credits, please contact Elizabeth Grill at (646) 962-3314 or eag2001@med.cornell.edu.

Online Registration
Registration is available to all attendees online. Simply visit www.sstarnet.org.

SSTAR offers registration in these categories:

- **STUDENT MEMBER**
  - Full-Time

- **EARLY CAREER PROFESSIONAL (ECP)**
  - Post-graduate/Trainee
  - Full-time/No license
  - Status for up to 3 years

- **ASSOCIATE MEMBER**
  - Licensed Clinician
  - Researcher/ Academic Appt.

- **FULL MEMBER**
  - 4+ years Licensed Experience
  - Researcher/Academic Appt.
  - Published
Please complete information below and submit with the payment information by mailing to: SSTAR National Office, 8120 Lehigh Avenue, Suite 100, Morton Grove, IL 60053, or FAX to: 847-647-8940. Student NON-Members: Please provide a letter from the program director or thesis supervisor stating that you are registered in the program on a full-time basis.

### FULL NAME (AS YOU WOULD LIKE IT TO APPEAR ON CE CERTIFICATE)

### NAME FOR BADGE (IF DIFFERENT THAN ABOVE)

### DEGREE(S) LICENSE NUMBER

### ADDRESS CITY STATE ZIP

### PHONE E-MAIL

**Late fee of $50 per session, across all registrant types, goes into effect on March 16, 2018.**

All Pricing and Payment are in US Dollars.

#### Registration Fees

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<th>Associate/Full Non-Member</th>
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**TOTAL**

*Members Registration includes Saturday Business Breakfast*

Dietary Requirements

- KOSHER
- GLUTEN FREE
- VEGAN
- VEGETARIAN

All Pricing and Payment are in US Dollars.

**PAYMENT INFORMATION**

TOTAL PAYMENT: $__________ (USD)

- Check (made payable to SSTAR in USD only)
- Credit Card (select type):
  - MASTERCARD
  - VISA
  - AMEX
  - DISCOVER

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