

SSTAR Society for Sex Therapy & Research

45th ANNUAL MEETING

SSTAR 2020

LET'S TALK ABOUT SEX: MEDIA AND COMMUNICATION IN SEX THERAPY
AND RESEARCH

Virtual Meeting April 23 & 24, 2020

Central Time Zone

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45th Annual Meeting

Let's Talk About Sex: Media and Communication In Sex Therapy And Research

Morag Yule, PhD

2020 SCIENTIFIC PROGRAM Co-CHAIR

Stephanie Kuffel, PhD

IN MEMORIUM – REMEMBERING SSTAR MEMBERS

Holly Brown, RN

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SOCIAL MEDIA

The use of social media is ubiquitous in today's world and used properly, is an effective communications tool. For those attendees tweeting, please remember to keep your content professional and appropriate to furthering the mission of SSTAR.

SSTAR speakers, please be aware that we have established a Twitter account for this year's conference, @TheRealSSTAR, that some audience members may utilize to live-tweet content of various conference presentations. Live tweeting is a way for those not in attendance to gain presentation insight in real time and we encourage online interactions and engagement.

DONATIONS TO SSTAR

Thank you to those who donated to SSTAR since April 1, 2019. SSTAR is especially grateful to those who donated the balance of their discounted registration fee. All contributions to SSTAR are tax deductible in the United States as allowed by law and, in some circumstances, Canada. Donors will receive an acknowledgement letter from the SSTAR office.

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SSTAR AWARD RECIPIENTS

2020 SSTAR Health Professional Book Award

Recipient: Lori Brotto, PhD: Better Sex Through Mindfulness: How Women Can Cultivate Desire; Greystone Books, 2018

2020 Sandra R. Leiblum Student Research Award

Recipient: Beáta Bőthe, PhD: High Frequency Pornography Use May Not Always Be Problematic

WELCOME MESSAGE FROM THE PRESIDENT

Welcome to the SSTAR 45th Annual Meeting – and the very first virtual meeting! This is a unique and challenging time in our lives and we felt it was important to hold the annual meeting, albeit in a different format, to have the opportunity to connect together as a community and tap into the strength provided by the meaningful work and relationships that we share. We are grateful that most who had registered to the Chicago in-person meeting remained registered for the virtual meeting, and thrilled to count new registrants among us. Several of you are longstanding SSTAR members, others are new to our organization, some are non-members attending their first SSTAR meeting, and many are students. Welcome to all!

I want to acknowledge the amazing work that our Executive Council has done in the past six weeks to perform a complete overhaul of the meeting program, in particular Scientific Program Chair Morag Yule, Continuing Education Chair Arva Bensaheb and Deb Ryan from Celtic, who worked relentlessly to make this happen. Immediate Past President Kathryn Hall and Past President Dan Watter both agreed to moderate the Friday, live streaming portion of the meeting, as we could not have a moderator for each talk. Our speakers were also extremely flexible in adapting the format of their talks to the virtual meeting, whether workshop or plenary speakers, short talk or data blitz presenters. My heartfelt thanks to all of you!

This year we will be honoring four awardees. The recipient of the Sandra R. Leiblum Student Research Award is Beáta Bóthe, for her paper High Frequency Pornography Use May Not Always be Problematic, now published in the Journal of Sexual Medicine, which stems from her doctoral research conducted at Lorand Eotvos University in Budapest, Hungary. Jenna Marie Strizzi, Assistant Professor at the University of Copenhagen, will receive the Taylor and Francis Award for Young Investigators for her paper "I Had Not Seen Star Wars" and Other Motives for Divorce in Denmark, now published in the Journal of Sex & Marital Therapy. Thank you Dr. Taylor Segraves, editor of the Journal of Sex & Marital Therapy, for having created this award in collaboration with SSTAR! Our very own Lori Brotto from the University of British Columbia, Canada, will be awarded the SSTAR Health Professional Book Award for her book Better Sex Through Mindfulness: How Women Can Cultivate Desire. The fourth awardee will receive the MAP Award, for which we thank Dr. Michael Perelman, Past President of SSTAR, who aims to foster new talent pursuing work on the biopsychosocial aspects of sexual health via this award. The name of the awardee will be divulged at the end of the meeting so stay tuned!

After attending the Thursday workshops and Friday all-day meeting, I encourage you to login to watch the pre-recorded paper sessions. They cover a broad range of clinically relevant topics, such as child maltreatment, intimacy, sexual desire, and pornography use. All provide cutting-edge data to inform the work we do with our patients and to develop new research questions.

Depending on how the current situation evolves, our next Fall Clinical Conference is scheduled to be held on Friday October 16, 2020 in New York City at the Millennium Broadway Hotel. We are in for a treat with two excellent case presenters lined up: Wendy E. Miller, of the Center for Optimal Living in New York City, and Dennis Kalogeropoulos, of the Sex and Couple Therapy Service, McGill University Health Center in Montreal – both long-time members of SSTAR. Mark your calendars! Finally, the Tampa Marriott Water Street in Tampa, Florida will be the location for our next Annual Meeting. Don't forget to save the date – April 29 - May 2, 2021.

I am proud to see how the SSTAR family is coming together virtually and hope this meeting will provide much needed hope, connectedness and inspiration during this unprecedented crisis.

Be safe and stay well,

Sophie Bergeron, PhD
President, Society for Sex Therapy and Research

ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDITATIONS & APPROVALS

The SSTAR 2020 Annual Meeting is fully accredited and approved toward continuing education credits for psychologists, sexologists, physicians, social workers, and marriage and family therapists. Participants of SSTAR meetings are responsible for knowing and adhering to their state-specific CE requirements. For questions or concerns about continuing education credits, please contact the SSTAR Continuing Education Officer, Arva Bensaheb, PhD at acitycbt@gmail.com.

- **ACCME Accreditation**
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of The American College of Obstetricians and Gynecologists and The Society for Sex Therapy and Research. The American College of Obstetricians and Gynecologists is accredited by the ACCME to provide continuing medical education for physicians.
- **AMA PRA Category 1 Credit(s)[™]**
The American College of Obstetricians and Gynecologists designates this live activity for a maximum of **21.5 AMA PRA Category 1 Credits[™]** Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **College Cognate Credit(s)**
The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 16 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits[™]** to be equivalent to College Cognate Credits.

The breakdown of the number of credits for each day of the meeting is as follows:

Thursday, April 23 = 9 credits

Friday, April 24 = 6 credits

Disclosure of Faculty and Industry Relationships

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to better evaluate the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

2. American Association of Sexuality Educators, Counselors and Therapists (AASECT) SSTAR is an approved Individual Provider of Continuing Education credits. This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for up to 15 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification.

3. American Psychological Association (APA)

SSTAR is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SSTAR maintains responsibility for this program and its content. This program qualifies for up to 15 CE credits.

4. New York State Education Department (NYSED)

Society for Sex Therapy and Research, (SSTAR) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, LMSW, LCSW in New York State. This program qualifies for up to 15 contact hours.

5. National Association of Social Workers (NASW)

This program is Approved by the National Association of Social Workers (Approval # 886770612-3963) for 15 continuing education contact hours.

The breakdown of the number of credits is as follows:

CME/CE Credits

Thursday workshop(s)	up to 9
<u>Friday Meeting</u>	<u>up to 6</u>
TOTAL	up to 15

THURSDAY, APRIL 23, 2020 – CENTRAL TIME ZONE

PRECONFERENCE WORKSHOPS ADVANCED PRACTICE IN SPECIAL SUBJECTS – click on the links for video recording

8:00am-11:00am CT

Virtual Workshop #1: Adult Sexual Love: Definitions, Obstacles, Consequences, and Therapeutics

Stephen B. Levine, MD, Clinical Professor of Psychiatry Case Western Reserve University

3 CME/CEs

11:00am-11:15am CT

Break

11:15am-2:15pm CT

Virtual Workshop #2: Chronic and Catastrophic Illnesses and Sexual Losses – A Treatment Model for Clinicians

Sabitha Pillai-Friedman, PhD, Associate Professor at the Center for Human Sexuality Studies at Widener University

3 CME/CEs

2:15pm-2:30pm CT

Break

2:30pm-5:30pm CT

Virtual Workshop #3: We're Just Too Busy: Conceptualizing and Communicating Sensate Focus Suggestions to Increase Client Motivation

Linda Weiner, MSW

3 CME/CEs



FRIDAY, APRIL 24, 2020 – 8:00AM-5:30PM CENTRAL TIME ZONE

8:00am – 8:15am	Welcome, Sophie Bergeron, PhD; SSTAR President, Morag Yule, PhD; Scientific Program Chair
8:15am - 9:15am	Plenary 1: Love, Sex, and Singlehood in the Digital Age, Justin Garcia, PhD; Moderated by Daniel Watter, EdD
9:15am – 9:35am	Young Investigator Award Presentation from the Journal of Sex and Marital Therapy; Moderated by Daniel Watter, EdD 2020 Recipient: Jenna Marie Strizzi; Motives for Divorce in Denmark
9:35am – 9:50am	Break
9:50am – 10:10am	Sandra R. Leiblum Student Research Award Winner Presentation: 2020 Recipient: Beáta Bóthe, PhD, High Frequency Pornography Use May Not Always Be Problematic; Moderated by Daniel Watter, EdD
10:10am - 10:40am	ISSWSH Presentation: Assessment & Management of Genital Dysesthesia, Rose Hartzell-Cushanick, PhD, EdS, LMFT, CSF, IF; Moderated by Daniel Watter, EdD
10:40am – 11:00am	Break
11:00am – 12:00pm	Plenary 2: Tell Me What You Want: How to Break the Sexual Silence and Express Your Deeper Fantasies and Desires, Justin Lehmillier, PhD; Moderated by Kathryn Hall, PhD
12:00pm – 12:20pm	SSTAR Health Professional Book Award Recipient: Lori Brotto, PhD; Moderated by Kathryn Hall, PhD
12:20pm - 1:20pm	Lunch Break
1:20pm – 2:20pm	Plenary 3: Remaking a Life: Identity, Desirability, and Overcoming Trauma in the Wake of the HIV Epidemic, Celeste Watkins-Hayes, PhD; Moderated by Kathryn Hall, PhD
2:20pm – 2:35pm	Break
2:35pm – 3:35pm	Plenary 4: Q&A with Dan Savage: Three Decades of Savage Love: What I Know Now Presenter: Dan Savage, Author of Savage Love, Sex-Advice Columnist, Podcaster & Public Speaker; Moderated by Lori Brotto, PhD
3:35pm – 3:50pm	Break
3:50pm – 5:20pm	Clinical Case Presentation: Touch, Trauma, and High Heels: In Search (and in Fear) of Connection Case Presenter: Stephanie Kuffel, PhD; Case Discussant: Candace Risen, LISW-S

5:20pm – 5:30pm

Announcement of the MAP Education & Research Foundation “Sexual Tipping Point Award” and Closing Statements



Pre-recorded Research Presentations

Research Presentations 1

TALK

1. Partner Responsiveness in a Positive Context: Associations With Sexual Desire and Sexual Satisfaction in Community Couples — Myriam Bosisio, BSc

DATA BLITZES

2. Gender/Sex Moderates Associations Between Attachment Orientation and Daily Sexual Talk — Kathleen Merwin, BScH
3. How Do Perceived Partner Support and Sexual Satisfaction Interrelate Over Time in Long-Term Couples? - Katherine Péloquin, PhD

Research Presentations 2

TALK

1. Positive Associations Between Women's Pornography Consumption, Sexual Flexibility and Sexual Functioning - Nikola Komlenac, PhD

DATA BLITZES

2. Pornography Use and Romantic Relationships: A Dyadic Daily Diary Study — Marie-Pier Vaillancourt-Morel, PhD
3. A Large-Scale Comparison of Sexually Minoritized and Heterosexual, Cisgender Adolescents' Pornography Use Characteristics — Beáta Bóthe, PhD

Research Presentations 3

TALKS

- 1 Coping as a Couple: Sexual Well-Being and Dyadic Coping in Couples Seeking Fertility Treatment - Sawsane El Amiri, MA
- 2 What Explains Partners' Perceptions of Change in Sexual Satisfaction During their First Pregnancy? A Mixed- Method Study — Audrey Brassard, PhD
- 3 "If You Really Love Me". Sexual Coercion Among Couples From an Attachment Perspective - Raphaelle Pardis-Lavallee, PsyD
- 4 Perception of Sexual Interest in a Date Rape Analogue Task: Differences on Victim Blaming Between Men and Women - Kevin Nolet, PhD

DATA BLITZ

4. Baby On Board! Couples' Sexual Well-Being Trajectories During the Transition to Parenthood - Samantha Dawson, PhD

Research Presentations 4

TALKS

- 1 Rebuilding Connections: Refining Our Understanding of Orgasm Function and Sexual Pleasure in Women Living with Spinal Cord Injury — Marina Gerard, PhD
- 2 Sex and Intimacy After Prostate Cancer — Jeff Albaugh, PhD
- 3 Taking Sexy Back: Helping Women Integrate the Erotic Self — Alexandra Solomon, PhD

DATA BLITZ

- 4 Predictors of Relationship Adjustment and Symptom Severity Among Individuals with Persistent Genital Arousal (PGAD) — Kayla Mooney, PhD

Research Presentations 5

TALKS

1. *"I'd Rather Have a Trans Kid Than a Dead Kid"*: Critical Assessment of Reported Rates of Suicidality Among Trans Youth — James Cantor, PhD
2. Bullying Victimization, Sexual Distress, and Sexual Satisfaction: The Mediating Role of Emotion Regulation — Alice Girouard, PhD

Research Presentations 6

TALKS

1. A Longitudinal Study of Suicidal Ideation in Sexually Abused Adolescent Girls: Depressive Symptoms and Affect Dysregulation as Predictors — Marianne Girard, BA
2. Are Child Sexual Abuse and Romantic Attachment Related to Sexual Coercion in Adult Couples? — Caroline Dugal, PhD
3. Sexual Compulsivity in Cumulative Childhood Trauma Survivors: the Mediating Role of Psychological Distress and Dissociation — Camille Andree Rassart, BA

Selected Research Posters – Click [here](#) for link to poster abstracts & pdfs

1. Predicting Sexual Satisfaction Over Time: Contributions Of Sexual Self-Concept And Sexual Assertiveness, Beaulieu et al
2. Have Scripts for Initiation of Adult Sexual Behavior Changed in 80 Years? Evidence from Top Box-Office Films, Benack et al
3. Hypersexuality in Mixed Sex Couples: A Dyadic Longitudinal Study, Bothe et al
4. Consensual Non-Monogamy: A Relational Dimension Investigation, Brooks et al
5. Understanding Different Presentations of Low Desire: An Eye-Tracking Exploration of Asexuality and SIAD, Brown et al
6. Exploring Variations in Individual's Reactions to Proposed Sexual Fantasy Scenarios: A Latent Class Analysis, Canivet et al
7. Sex, power, and violence: Associations between intimate partner physical violence and power play sexual fantasies, Canivet et al
8. Attachment as a Moderator of Treatment Outcome in Provoked Vestibulodynia: A Randomized Clinical Trial Comparing Cognitive Behavioral Couple Therapy Versus Topical Lidocaine, Charbonneau et al
9. Biopsychosocial Predictors Of Trajectories Of Postpartum Sexual Function In First-Time Mothers, Dawson et al
10. Does Preterm Birth Affect Psychosexual Development? A Preliminary Exploration, Donarski et al
11. Grin And Bear, Or Shift And Share? Emotional Suppression And Reappraisal During Sexual Conflict Discussions Are Associated With Sexual Well-Being, Dube et al
12. Thinking In And Out Of The Box: Bisexualities, Between Identity And Behaviors, Dusseau
13. A Systemic Model For Informed Sexual Decision-Making, Elias et al
14. Exploring compulsive sexual behavior, social support and coping style in sexual treatment-seeking patients, Finotelli et al
15. Examination Of The Different Subtypes Of Sexual Abuse In Relation To Risky Sexual Behaviors: Results From A Large-Scale Study, Fodor et al
16. Boundary Setting In Telehealth And Online Research, Garcia et al
17. Prevalence and Correlates of Distress Associated with Difficulty Controlling Sexual, Gleason et al
18. Exploring multi-orgasmic men: What is their M.O.? Griffin et al
19. Evangelical Purity Culture: Understanding the Clinical Concerns at the Intersection of Religion, Sexuality, and Gender, Hauck et al
20. Examining women's user experience with virtual reality erotica to explore potential treatment utility, Jabs et al
21. Sensate Focus At The Barn, Janosik
22. Predicting Trajectories of Sexual Distress in Committed Couples, Jodouin et al
23. Relationship education for HIV risk reduction in same-sex male couples: A review of ongoing clinical trials, Jozsa

24. Controlled Visual Attention in Women With and Without Sexual Concerns, Milani et al
25. Body Appreciation and Sexting in Heterosexual and Sexually Minoritized Adolescents, Pacquette et al
26. Feelings Of Masculinity And Accomplishment In Response To Penetrative Vs. Non Penetrative Orgasms, Raiford-Savoury et al
27. Making It Work: Sexual Destiny And Growth Beliefs, Rossi et al
28. It's Not Us, It's Parenthood: Comparing Sexual Wellbeing In New Parents And Community Couples, Schwenck et al
29. Exploring the Link Between Autoimmune Disorders and Painful Sex in Ova having Bodies, Washington et al
30. A Little Self-Kindness And Decoupling Goes A Long Way For Women With Provoked Vestibulodynia, Zdaniuk et al
31. The EXCITE Study: Electronic (Online) Sexual Cognitive-Behavioural Intervention Therapeutic Effectiveness Feasibility of an Online CBT Intervention for Female Sexual Interest/Arousal Disorder, Zippan et al

A photograph of three young people (two women and one man) sitting outdoors and laughing joyfully. The woman on the left has curly hair and is wearing a yellow top. The man in the middle is wearing a grey polo shirt. The woman on the right is wearing a pink top. The background is a soft-focus green landscape.

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